# NO. **QUESTION** 1 Experts agree that getting enough sleep is crucial for overall health and well-being. However, recent studies suggest that sleep timing may also be important. Specifically, going to bed and waking up simultaneously every day, even on weekends, has been linked to improved sleep quality and overall health. Therefore, it is important to maintain a consistent sleep schedule to optimise sleep and promote good health. Which one of the following, if true, best strengthens the argument? A. Sleeping in on the weekends can lead to a decrease in productivity during the week. B. Individuals who work night shifts have higher rates of insomnia and sleep-related disorders. C. Studies have shown that individuals who maintain a consistent sleep schedule are less likely to develop chronic diseases, such as heart disease and diabetes. D. People who wake up early have more energy and are more alert throughout the day than those who wake up later. 2 Many people argue that the use of genetically modified crops (GMOs) in agriculture is beneficial for increasing crop yields and reducing the use of pesticides. GMOs are created by introducing a new trait, such as resistance to pests or herbicides, into a plant's genetic makeup. This can lead to increased crop yields and reduced pesticide use, which can have positive impacts on farmers and the environment. However, there are also arguments that GMOs can have negative impacts on the environment and human health. For example, the use of GMOs can lead to the development of superweeds and superbugs, which are resistant to the pesticides and herbicides that are used on GMO crops. Additionally, there are concerns that GMOs can cross-breed with non-GMO crops, leading to the spread of genetic traits that may be harmful or undesirable. Which of the following statements, if true, best strengthens the argument? A. GMOs have been extensively tested and have been proven to be safe for human consumption. B. GMOs have been shown to significantly increase crop yields and reduce the use of pesticides. C. The use of GMOs can lead to the development of superweeds and superbugs. D. The use of GMOs is a sustainable solution for food security. 3 It is believed that a single-payer healthcare system would increase access to healthcare and reduce costs. A single-payer healthcare system, also known as "Medicare for All," would be a government-run healthcare program that would provide healthcare coverage for all citizens. This would be funded by taxes and would eliminate the need for private health insurance companies. The elimination of private insurance companies would reduce administrative costs and increase efficiency, thereby reducing healthcare costs for both individuals and the government. However, there are also arguments that a single-payer healthcare system would lead to increased government spending and longer wait times for healthcare services. Which of the following statements, if true, best strengthens the argument? A. A single-payer healthcare system would reduce administrative costs and increase efficiency. B. A single-payer healthcare system would ensure that all citizens have access to healthcare. C. A single-payer healthcare system would lead to longer wait times for healthcare services. D. A single-payer healthcare system would increase government spending.

The local government is proposing to increase taxes on tobacco products to discourage smoking and raise funds for healthcare. Studies have shown that smoking leads to various health problems, including cancer and heart disease. Additionally, healthcare costs for smokers are significantly higher than non-smokers. By increasing taxes on tobacco products, the government aims to reduce the number of smokers and save lives while also raising funds to support healthcare initiatives.

### Which one of the following, if true, best strengthens the argument?

- A. The tobacco industry has expressed strong opposition to the proposed tax increase.
- B. Similar tax increases in other countries have been met with public backlash and resistance.
- C. Studies have shown that increasing taxes on tobacco products can lead to a reduction in smoking rates.
- D. Some people argue that the proposed tax increase will disproportionately affect low-income individuals who are more likely to smoke.
- The use of virtual reality technology in education has been the subject of rigorous discussions among educators around the world. It has been claimed that these technologies can improve student engagement and outcomes within school learning spaces. However, a significant number of others argue that they pose risks to student privacy and may lead to job loss for traditional educators in the field.

#### Which of the following statements, if true, best weakens the argument above?

- A. Virtual reality technology in education has been found to be effective in enhancing student learning outcomes in several studies conducted worldwide.
- B. Research has found that virtual reality technology in education poses minimal risks to student privacy, as the data collected is securely stored and not accessible to unauthorised individuals.
- C. Virtual reality technology in education has been found to be an ineffective tool in reducing the workload of educators and streamlining their teaching methods.
- D. Virtual reality technology in education has been found to be cost-effective and accessible to schools and educational institutions of all sizes and budgets, making it a feasible option for all.
- With the rise of automation in the workforce, many people are concerned about the potential for job loss and economic disruption. However, some argue that automation can lead to increased productivity and economic growth, as well as the creation of new jobs in industries related to automation.

## Which of the following statements, if true, best weakens the argument above?

- A. Automation has led to significant job loss in many industries.
- B. Automation has been shown to increase productivity and economic growth in many industries.
- C. Automation has led to the creation of new jobs in industries related to automation.
- D. Automation has led to an increase in wages and job security for workers.
- Many people argue that the use of 5G technology will revolutionise the way we connect and communicate. 5G technology is the fifth generation of mobile networks and is faster, more reliable and provides a wider range of services compared to 4G. However, there are also arguments that 5G technology will pose a threat to national security and may lead to increased exposure to radiation.

#### Which of the following statements, if true, best strengthens the argument?

- A. 5G technology has been tested and has been proven to be safe
- B. 5G technology increases the risk of hacking and cyber attacks.
- C. 5G technology enables faster download and upload speeds, which will be beneficial for businesses and individuals.
- D. 5G technology will be the backbone of the Internet of Things (IoT) and will connect billions of devices.

The rise of social media's open usage in the workplace by workers has been criticised for its potential negative effects on employee productivity and morale. However, there are also arguments that social media can be used effectively for communication, collaboration, and knowledge-sharing among employees.

#### Which of the following statements, if true, best weakens the argument above?

- A. The use of social media in the workplace has been shown to improve employee productivity and morale.
- B. Social media can be used effectively for communication, collaboration, and knowledge-sharing among employees.
- C. Employers can implement policies and guidelines to manage the use of social media in the workplace.
- D. The use of social media in the workplace has led to an increase in cyberbullying and harassment among employees.
- Telemedicine is the delivery of medical services and knowledge using electronic communication and information technology. It enables remote admissions as well as long-distance patient and doctor interaction, care, guidance, and reminders. The use of telemedicine in the healthcare industry has been the subject of rigorous discussions among doctors and patients. Some people claim that it can improve access to medical care and reduce costs because of the ease with which patients can consult with doctors remotely.

## Which of the following statements, if true, best weakens the argument above?

- A. Telemedicine primarily benefits urban areas, while making it harder for rural areas to have access to remote consultations.
- B. Telemedicine often lacks personal touch and the ability to examine patients in person.
- C. Telemedicine has led to a decrease in face-to-face interactions between patients and doctors, which can have negative effects on mental health.
- D. Telemedicine has led to a decrease in the quality of medical care.
- Resiliency is the ability to bounce back from adversity, to adapt and grow in the face of challenges and stress. It is considered a vital trait for personal and professional success, as it allows individuals to cope with difficult situations and to continue to pursue their goals. Resiliency is also important for maintaining mental and emotional well-being, as it can help to prevent burnout and depression.

### Which of the following statements, if true, best weakens the argument?

- A. Resiliency can be learned and developed through practice and training.
- B. Resiliency is not important for maintaining mental and emotional well-being.
- C. Resiliency can lead to an increase in stress and anxiety.
- D. Resilient individuals are always successful in achieving their goals.
- Laws help keep us safe and healthy by making sure people don't do dangerous things. They make sure everyone is treated fairly and with respect. When someone breaks a law, they are punished to help protect others who might be hurt by their actions. We need to follow the laws to make sure our community is a good and fair place to live.

## Which statement makes the argument above stronger?

- A. Laws make people who do bad things scared, so they don't do bad things again.
- B. Laws help protect people who might need extra help.
- C. Laws give punishments to people who cause trouble and break the rules.
- D. Laws should be made to fit what the community needs and wants.

Being able to share our thoughts and ideas is a very important right for everyone. When we can talk about our ideas freely, we can learn from each other and make better decisions. If people aren't allowed to speak up, it doesn't help anyone.

#### Which statement makes the argument above stronger?

- A. Most people are okay with some limits on what they can say.
- B. Governments don't always handle dangerous ideas well, even if we can talk about them.
- C. Being able to speak freely makes it less likely for people to try to take over the government.
- D. Good ideas can grow in places where people can't speak freely, and in places where they can.
- Some people think that using money can cause problems for a whole group of people. They say that when people in Western countries started using money, their problems began. They think that using real money like gold and silver is bad, but using paper money is even worse. They believe that when people use more money, their society gets worse.

## Which statement makes the argument above weaker?

- A. People like using money to trade things instead of swapping things of the same value.
- B. In Eastern countries, people use money and their societies haven't had big problems.
- C. Using paper money that has no real value makes people think their work isn't worth much.
- D. The value of Western money has changed a lot over time.
- Some people who work in offices worry that using computer screens might be bad for their health. Researchers asked office workers how much time they spent looking at screens and how often they had headaches. They found that people who used screens more often had more headaches, so they thought screens cause headaches.

#### Which statement makes the argument above weaker?

- A. In the study, the researchers didn't ask people how bad their headaches were.
- B. Other studies have shown that the bright light from screens can hurt people's eyes.
- C. People who have headaches often might think they use screens more than they actually do.
- D. People who use screens a lot have the same amount of stress and headaches as people who don't.
- Doing activities together as a team is important for kids because it helps them learn how to work well with others.

  These activities help kids learn how to talk to each other and make friends in the group. When kids work together, they think about what's best for the whole group, not just themselves.

#### What is the main idea of the passage?

- A. Team activities help kids learn how to compete in a friendly way.
- B. Team activities give kids a chance to think about their own lives.
- C. Team activities teach kids how important it is to make friends and work together.
- D. Team activities help kids feel like they belong and can be leaders.

In the modern Olympics, there are both professional and amateur athletes. But amateurs might not have the same money or things that professionals do. So, it might not be fair for amateurs to compete against professionals in the Olympics. The spirit of the games should be about fairness.

#### Which of the following statements, if true, best weakens the argument above?

- A. In the modern Olympics, amateur athletes outnumber professional athletes in general.
- B. Ancient Greeks, whose games inspired the modern Olympics, didn't have amateur and professional athletes.
- C. In some modern Olympic events, the best competitors are amateurs, while in others are professionals.
- D. Many international amateur athletes receive no government funding.
- Organisations should use more qualitative research because it helps them understand people's experiences and feelings. This type of research is important for organisations to connect with the people they work with.

#### Which of the following statements, if true, best strengthens the argument above?

- A. Qualitative research takes a longer time than usual and the period of observation is taken into account.
- B. Qualitative research is biassed on a liberal perspective.
- C. Qualitative research provides powerful insight into the minds and behaviour of stakeholders.
- D. Qualitative research is fluid and can easily adapt to the changes in its research methods.
- 18 Most children have flat feet when they are young. If their feet don't form a natural arch by the time they grow up, they might have pain later in life. So, parents should make their kids wear special shoes that help their feet form an arch.

#### Which of the following statements, if true, best weakens the argument above?

- A. Many normal-footed children wear flat-footed shoes.
- B. Most children's flat-footedness is corrected by puberty, but some remain flat-footed for life.
- C. Flat-footed children who don't wear special shoes are just as likely to develop arches.
- D. Some non-flat-footed children have rotated hip and lower leg bones.
- Researchers found out that aspirin can help prevent heart attacks. They published their findings in a medical journal six weeks later. Some heart attacks during that time could have been avoided if the results were published sooner.

# Which of the following statements, if true, best weakens the argument above?

- A. The journal's staff worked overtime to publish the study's results quickly.
- B. Aspirin users have more stomach ulcers than average.
- C. The official policy of the medical journal is to publish articles only after a thorough review process.
- D. The researchers informed doctors about their findings before publishing the study.
- Computers can now read people's minds. A new machine uses special cameras to see what parts of the brain are working when people think about different things. It shows that computers can understand what people are thinking.

#### Which of the following statements, if true, best weakens the argument above?

- A. The machine can only read the thoughts of people who have been trained to use it.
- B. Some people are better at controlling their thoughts than others.
- C. The machine's accuracy depends on the complexity of the thoughts being read.
- D. The machine is only able to identify a limited number of thoughts.

Reading books is a better way to learn new information than watching videos. Books can be read at any pace and can be reread if needed. Videos often move too quickly, making it difficult for people to absorb the information.

## Which of the following statements, if true, best weakens the argument above?

- A. Some people learn better from watching videos than reading books.
- B. Books can be expensive and difficult to find.
- C. People can pause and rewind videos to rewatch sections they didn't understand.
- D. Videos can be more engaging and entertaining than books.
- Fast food is bad for your health. It is usually high in fat, salt, and sugar, which can lead to various health problems.

  People should avoid eating fast food and choose healthier options instead.

## Which of the following statements, if true, best strengthens the argument above?

- A. Many fast food restaurants offer healthier menu options, such as salads and grilled chicken.
- B. People who eat fast food regularly are more likely to suffer from health problems like obesity and diabetes.
- C. Fast food is often cheaper and more convenient than healthier food options.
- D. Some people only eat fast food occasionally as a treat.
- Watching TV can be good for children because it can help them learn new things. Some TV shows teach children about different cultures, animals, and the world around them. These educational programs can be a great way for children to learn while having fun.

#### Which of the following statements, if true, best strengthens the argument above?

- A. Many children's TV shows have been specifically designed to be both entertaining and educational.
- B. Some children watch TV shows that are not appropriate for their age group.
- C. Parents can monitor and control the content their children watch on TV.
- D. Some children prefer watching TV to reading books or playing outside.
- Art classes should be mandatory in schools because they help students develop creativity and problem-solving skills.

  These skills are important for success in many areas of life, not just in the arts.

#### Which of the following statements, if true, best strengthens the argument above?

- A. Many famous artists did not attend art classes in school.
- B. Students who take art classes perform better in other subjects as well.
- C. Some students may not be interested in art and would prefer to focus on other subjects.
- D. Art supplies can be expensive and may not be affordable for all schools.
- Playing video games can help improve hand-eye coordination in children. This skill is important for various activities like sports, typing, and driving. So, parents should encourage their children to play video games to develop better hand-eye coordination.

# Which of the following statements best weakens the argument above?

- A. Some video games have educational content that can teach children new information.
- B. Excessive video game playing can lead to negative effects like addiction and social isolation.
- C. Video games can help children develop teamwork and communication skills.
- D. Hand-eye coordination can also be improved through activities like painting and playing musical instruments.

26 People should not use plastic bags because they are harmful to the environment. They take a long time to break down and can harm animals when they are mistaken for food. Using reusable bags is a better option for the environment. Which of the following statements, if true, best strengthens the argument above? A. Some stores offer discounts to customers who bring their reusable bags. B. Plastic bags are inexpensive and easy to produce. C. Many countries and cities have implemented bans or fees on plastic bags to reduce their use. D. Reusable bags can hold more items and are more durable than plastic bags. 27 Homework is not beneficial for students because it causes stress and takes away from valuable family time. Instead, students should be given more free time to relax and participate in activities they enjoy. Which of the following statements, if true, best weakens the argument above? A. Some students feel a sense of accomplishment when they complete their homework. B. Homework can help students practise and reinforce the material they learned in class. C. Many students procrastinate and do not manage their time effectively. D. Some students enjoy doing homework as it helps them feel more prepared for class. 28 Social media can be harmful to people's mental health. It can cause feelings of loneliness, anxiety, and depression, as people compare their lives to the carefully curated images they see online. Which of the following statements, if true, best strengthens the argument above? A. Many people use social media as a way to stay connected with friends and family. B. Some studies have found a link between excessive social media use and increased feelings of depression and anxiety. C. Social media platforms often contain advertisements that can influence people's spending habits. D. People can choose to follow accounts that promote positive messages and self-care. 29 Learning a foreign language is an essential skill for everyone. It helps people communicate with others from different cultures, improves cognitive abilities, and increases job opportunities. Which of the following statements, if true, best weakens the argument above? A. Some people find it difficult to learn a foreign language, especially as they get older. B. Learning a foreign language can be time-consuming and require a significant amount of dedication. C. English is widely spoken around the world, making it less necessary for people to learn other languages. D. Many jobs do not require knowledge of a foreign language. 30 Drinking coffee can be good for your health. Studies have shown that coffee contains antioxidants and can help reduce the risk of some diseases, such as Parkinson's and Alzheimer's. Which of the following statements, if true, best strengthens the argument above? A. Some people drink coffee as a way to socialise with friends and family. B. Drinking moderate amounts of coffee has been linked to a lower risk of heart disease.

C. Coffee can cause sleep disturbances and increase anxiety in some individuals.

D. Many coffee shops offer a variety of specialty drinks that contain added sugars and calories.