

Section 1:

#1: "Imagine this, walking into the cafeteria, seeing all the food makes you hungrier than ever. You're so hungry that you'll be able to eat anything! But when you line and get your food, suddenly you don't feel hungry anymore. As you sit down, you stare into your food. You think, what's that smell? What's that gooey thing?"

a. Strengths:

- Engaging opening with vivid imagery
- Effective use of second-person perspective to involve the reader

b. Weaknesses: Main issue: Lack of coherence Your writing jumps from extreme hunger to sudden loss of appetite without a clear connection. The transition feels abrupt and confusing. For instance, you state "You're so hungry that you'll be able to eat anything!" but immediately follow with "suddenly you don't feel hungry anymore" without explaining why.

c. Exemplar: "As you enter the cafeteria, the sight of food initially whets your appetite. However, upon closer inspection of the unappetising options on offer, your hunger quickly dissipates, replaced by a sense of disappointment and concern."

#2: "Students thriving, concentrating and getting good grades. Isn't that what everyone wants. On the Harvard Healthy site, it states that eating healthy foods give you brain power. When you have more brain power, it makes you work and study harder."

a. Strengths:

- Attempts to use credible sources to support the argument
- Connects healthy eating to academic performance

b. Weaknesses: Main issue: Lack of specificity Your reference to the "Harvard Healthy site" is vague and lacks proper citation. Additionally, the claim about "brain power" is overly simplistic and not well-explained. For example, you state "When you have more brain power, it makes you work and study harder" without elaborating on how this process works.

c. Exemplar: "According to a study published on Harvard Health Publishing's website, a balanced diet rich in nutrients can enhance cognitive function, potentially leading to improved concentration and academic performance."

#3: "We need to develop good habits, set good examples, and eat healthy if you want a better future. One apple or one orange could make a small impact and make your future better."

a. Strengths:

- Clear call to action
- Use of simple, relatable examples

b. Weaknesses: Main issue: Oversimplification Your argument oversimplifies the impact of healthy eating. The statement "One apple or one orange could make a small impact and make your future better" lacks the necessary context and explanation to be convincing. It doesn't address the complexity of maintaining a balanced diet or the long-term effects of nutrition on health and academic performance.

c. Exemplar: "By consistently making nutritious food choices, such as incorporating fruits and vegetables into our daily diet, we can gradually improve our overall health and cognitive function, potentially leading to better academic outcomes and a brighter future."

Actionable task: Rewrite your opening paragraph, focusing on creating a more logical flow between the initial hunger and the subsequent disappointment. Ensure you clearly explain why the sight of the cafeteria food changes the students' appetites.

Overall score: 40/50

Section 2: Revision Guidelines

- *Ladies and Gentlemen, esteemed guests,

Good afternoon, my name is Maya~~,~~ [.] I am ~~honoured~~ [honoured] to be representing the District~~~[-]Wide Nutrition Fair. Coming here today, I hope I will convince you of important issues that we need to fix before it's ~~to~~ [too] late.

#1 Imagine this, walking into the cafeteria, seeing all the food makes you hungrier than ever. You're so hungry that you'll be able to eat anything! But when you line and get your food, suddenly you don't feel hungry anymore. As you sit down, you stare into your food. You think, what's that smell? What's that gooey thing? This is what happens in many places. Personally, I hate cafeteria food, not only because of the tastes, but mainly because of the food choices. Where are all the vibrant colours] of fruits and vegetables? Instead, they give you deep-fried foods, ice blocks, lollies, milk! Some say milk is actually very healthy, but really, it's one of the unhealthiest things to have. It contains a lot of saturated fats. This can cause many problems for children especially at

a young age~~,~~ [.] ~~if we don't do something now then we may never be able to do to something.~~ [If we don't act now, we may lose the opportunity to make a difference.]

#2 Students thriving, concentrating and getting good grades. Isn't that what everyone wants~~.~~ [?] On the Harvard Healthy site, it states that eating healthy foods ~~give~~ [gives] you brain power. When you have more brain power, it makes you work and study harder. This just shows~~,~~ [that] if you want students to work hard, thrive at school and get good grades, ~~make~~ [we should encourage] them ~~eat~~ [to eat] healthier foods. This can only happen if the school ~~cooperates~~ [collaborates] with us students. Otherwise, grades may get lower and lower until ~~it~~ [they] can't go any lower, because ~~it's~~ [they're] already at the lowest. This is one of the biggest problems we may face, but together as a school, we can make a change.

We are in a moment in time ~~were~~ [where] it's easier to make significant changes in life. To change foods at canteens will need a concise and clear plan, and this is how we will do it. We can start small then build up. We need to teach children that eating healthy can be fun and good for you. By starting small, you can maybe have "Try a new fruit Friday" or maybe, "Eat healthy to be mighty~~,~~ on Mondays~~"~~ ["]: Students and teachers need to know the issue ~~that were~~ [we're] dealing with and how much harder we would study if we just ate the right foods. Small impacts can change big things and make schools even better. Every healthy choice is a step towards a better future. By improving our school meals, we're not just changing lunch – we're changing lives.

#3 We need to develop good habits, set good examples, and eat healthy if you want a better future. One apple or one orange could make a small impact and make your future better.

Students thriving, concentrating, and getting good grades. Those are just some of the things that eating healthy could benefit ~~your~~ [in your] life~~,~~ [.] ~~it~~ [It] would not just benefit your schoolwork, but it would benefit your whole life. Just helping a small bit would still make an impact on our schools. Your work to help many students isn't just appreciated, it is essential for us to have a healthy life.

Thank you for your time today~~,~~ [.] ~~remember~~ [Remember], your help could benefit many people and create a better education for all.**