

Section 1:

#1 (First paragraph): a. Strengths:

- Strong opening that establishes the speaker's purpose and context
- Effective use of rhetorical devices to engage the audience

b. Weaknesses: Lack of Specificity Your opening, while engaging, could benefit from more concrete details. You mention a "mission to inspire change", but you don't specify what kind of change or how it will be achieved. This vagueness might make it harder for your audience to connect with your message right from the start.

c. Exemplar: "My name is Maya, and I stand before you with a mission to revolutionise our school meals, transforming them from processed convenience foods to nutritious, wholesome options that will fuel our students' bodies and minds."

#2 (Fourth paragraph): a. Strengths:

- Powerful rhetorical question that encourages audience reflection
- Clear transition into the main topic of the speech

b. Weaknesses: Abrupt Transition Your transition into the "healthy eating revolution" feels somewhat abrupt. You pose a thought-provoking question, but then immediately jump to the solution without fully exploring the problem or its implications. This rapid shift might leave your audience feeling a bit lost or unconvinced.

c. Exemplar: "The consequences of poor nutrition are far-reaching: decreased concentration, lower academic performance, and even long-term health issues. This is where our healthy eating revolution begins—a comprehensive approach to transform our school food culture from the ground up."

#3 (Eighth paragraph): a. Strengths:

- Addresses potential challenges in implementing changes
- Emphasises the importance of community involvement

b. Weaknesses: Lack of Concrete Solutions While you acknowledge that the transition may be "daunting" for some schools, you don't provide specific, actionable solutions. Your suggestions remain general, mentioning "district-wide programs" and "partnerships" without elaborating on what these might entail. This vagueness might leave your audience unsure about how to proceed.

c. Exemplar: "We can support our schools through targeted initiatives such as 'Farm to School' programmes connecting local farmers with cafeterias, or by establishing school gardens that integrate hands-on nutrition education into our curricula."

Actionable Task: Rewrite the fourth paragraph, focusing on creating a smoother transition from the problem to your proposed solution. Ensure you provide a brief but clear explanation of the consequences of poor nutrition before introducing your "healthy eating revolution".

Overall Score: 43/50

Section 2: Revision Guidelines

- *Ladies and gentlemen, esteemed audience,

Thank you for gathering here today at the District-Wide Nutrition Fair. My name is Maya, and I stand before you with a mission—a mission to inspire change and create a lasting impact on the health and well-being of our students. Today, I want to talk to you about something that can transform not only the future of our schools but the future of our entire community: the revolution of eating healthy.**

#1 We are all aware of the critical role nutrition plays in our students' lives. Healthy food is not just fuel for their bodies; it's nourishment for their minds and spirits. Yet, despite knowing this, many schools across our district still face significant challenges when it comes to providing students with the nutritious meals they deserve. Fast food and processed options are all too often the norm, and many children are consuming diets that leave them tired, distracted, and unprepared to learn.

The question we need to ask ourselves is this: How can we expect our students to excel if they are not properly nourished?

#2 This is where the healthy eating revolution begins. And it starts with us—the schools, the educators, the policymakers, and the community members who are invested in the success of our students. We have the power to shape what our students eat, and by doing so, we have the power to shape their futures.

By joining the healthy eating revolution, you are committing to a brighter, healthier, and more vibrant school environment. Imagine a school where fresh fruits and vegetables are abundant, where every meal is crafted with care and consideration for the nutritional needs of growing minds and bodies. Imagine a cafeteria where students are excited to choose wholesome options because they taste great and make them feel good. This is not a dream—it is a reality that we can create together.

We've seen it happen in schools that have already embraced this movement. Attendance has improved, academic performance has increased, and ~~behavioral~~ [behavioural] issues have declined. Students are more focused, energetic, and ready to take on the challenges of the day. All because they are eating the right foods. Healthy food isn't just about physical health; it directly impacts their ability to learn and grow.

But let's be clear: this revolution isn't just about changing the menu. It's about education. It's about teaching our students the importance of making healthy choices and showing them that what they eat today will impact their lives for years to come. We must integrate nutrition education into our curricula, empowering students with the knowledge they need to make informed decisions about their health.

#3 We also need to support our schools in this transformation. For some, the shift may seem daunting. But by working together—through district-wide ~~programs~~ [programmes], partnerships with local farmers, and community involvement—we can make healthy food accessible and affordable for every school, no matter the resources available.

Ladies and gentlemen, I am calling on each of you to join me in this revolution. Let us lead by example, let us advocate for our students, and let us ~~prioritize~~ [prioritise] their health in every decision we make. Together, we can ensure that our students are not just learning within the walls of our schools, but thriving in every sense of the word.

This is our moment to make a difference, and I have no doubt that together, we can succeed. Thank you.