

## Section 1:

### #1 (Introduction) a. Strengths:

- Clear introduction of the speaker and topic
- Establishes the importance of children's health

b. Weaknesses: Lack of Specificity Your opening lacks specific details about the event and your qualifications. For instance, you mention "District-Wide Nutrition Fair" but don't provide context about its purpose or attendees. You state that children's health is your passion, but you don't explain why or give any personal background.

c. Exemplar: "Good afternoon, esteemed educators, parents, and students. I'm Maya Johnson, a paediatric nutritionist with 10 years of experience. Today, at our 5th Annual District-Wide Nutrition Fair, I'll share insights on why prioritising children's health is crucial for their long-term well-being and academic success."

### #2 (Obesity argument) a. Strengths:

- Provides statistical evidence (26.4% of Australian children are obese)
- Lists serious health consequences of obesity

b. Weaknesses: Oversimplification Your argument oversimplifies the complex issue of childhood obesity. You present it as a simple choice between being "fit and healthy" or "obese and unfit", without acknowledging the various factors contributing to obesity, such as socioeconomic status, genetics, or food availability. The phrase "Would you rather live a life where you are fit and healthy, or would you rather live obesely and unfit" oversimplifies this complex health issue.

c. Exemplar: "Childhood obesity is a multifaceted issue affecting 26.4% of Australian children. It's not simply a matter of choice, but a complex interplay of factors including diet, physical activity, genetics, and socioeconomic conditions. By addressing these factors holistically, we can work towards reducing obesity rates and the associated health risks such as cardiovascular disease and type 2 diabetes."

### #3 (Concentration argument) a. Strengths:

- Links healthy eating to improved concentration
- Attempts to use evidence from a reputable source (National Institute of Health)

b. Weaknesses: Logical Fallacy Your argument contains a logical fallacy by suggesting that a school where children aren't eating healthily would have all students "fidgeting in

class, talking to their friends, and just staring into the sky". This is an exaggeration that weakens your argument. Additionally, the connection between sending children to academic schools and eating healthily is not clearly established.

c. Exemplar: "Research from the National Institute of Health suggests that a balanced diet can significantly improve children's concentration and cognitive function. For instance, a study of 5,000 students found that those following a nutrient-rich diet showed 15% better focus during lessons and scored higher on cognitive tests compared to their peers with less balanced diets."

Actionable Task: Rewrite your introduction paragraph, focusing on providing specific details about your background and qualifications related to children's health. Ensure you clearly state the purpose of the Nutrition Fair and why your message is relevant to the audience.

Overall Score: 40/50

## Section 2: Revision Guidelines

Ladies and Gentlemen and reputable students, Good afternoon. My name is Maya, and I am honored [honoured] to be here today at the District-Wide Nutrition Fair. I am here to inform you about one of my passions which is [,] children's health and [,] why we should prioritize this more in our lives [and why we should prioritise it more in our lives].

Children's health is very important if you want your child to grow up to be healthy and strong. If you don't start living a healthy life, you will unlikely grow up to become a healthy person. [Without establishing healthy habits early on, it's unlikely a child will grow into a healthy adult.]

#1 My two main reasons are that living unhealthily can result in obesity, and staying healthy can help improve your concentration.

Firstly, it is crucial that all students must eat healthy [healthily] because eating unhealthily can result in obesity. Being overweight or obese can have a serious impact on health. Carrying extra fat leads to serious health consequences such as cardiovascular disease, type 2 diabetes, musculoskeletal disorders like osteoarthritis, and some cancers namely [, namely] endometrial, breast and colon. All of these can lead to possible death. Would you rather live a life where you are fit and healthy, or would you rather live ~~obesely~~ [obese] and unfit~~.~~ [?] I am pretty sure most of you here would rather live a fit life which is why I believe we must prioritize [prioritise] children's health.

#2 We are at a stage in our life where 26.4% of Australian children are obese which is more than a quarter of kids in Australia. Can you imagine every kid in your school being fit, strong and healthy? Unfortunately, most schools aren't like that and have a few obese children. We have the power to make a significant difference by encouraging children to consistently eat ~~healthy~~ [healthily], and possibly to participate in some sport.

Secondly, it is imperative that children must eat ~~healthy~~ [healthily] because it can help their concentration. At school, it is important to concentrate when doing work. Can you imagine a school where all the kids are fidgeting in class, talking to their friends, and just staring into the sky? That school probably doesn't have many children that are eating ~~healthy~~ [healthily]. Would you rather grow up in that school or one where all of the children are concentrating in class? According to the National ~~Institute~~ [Institute] of Health, children learn from what they see around them. That is why parents try to send their children to academic schools so they can learn from people around them

#3 To conclude, I believe that children must eat ~~healthy~~ [healthily] because eating unhealthily can lead to obesity, and eating ~~healthy~~ [healthily] can help children concentrate better. If you are a child who knows that you aren't eating that ~~healthy~~ [healthily], then you should start eating ~~healthy~~ [healthily] if you want to concentrate better, and to lower the risk of obesity.

Thank You