

## Section 1:

### #1 (First paragraph): a. Strengths:

- Clear thesis statement presenting your main argument
- Engaging opening to capture reader's attention

b. Weaknesses: Lack of specificity Your opening paragraph lacks concrete details to support your claims. You state that "Children will enjoy school much more without it," but you don't provide any evidence or explanation for this assertion.

c. Exemplar: "Imagine a school where nutritious meals foster a vibrant, health-conscious community. By eliminating junk food, we can create an environment where students are more energetic, focused, and ultimately, happier."

### #2 (Second paragraph): a. Strengths:

- Provides specific health consequences of junk food
- Uses scientific terms to add credibility

b. Weaknesses: Oversimplification You oversimplify the relationship between sugar consumption and health issues. For instance, you state "When there is too much sugar in your body, the sugar turns into fat," which is an oversimplification of a complex metabolic process.

c. Exemplar: "Excessive sugar consumption can lead to weight gain and increase the risk of developing Type 2 diabetes, which is associated with serious health complications such as cardiovascular disease."

### #3 (Fourth paragraph): a. Strengths:

- Offers positive alternatives to junk food
- Highlights benefits of healthy eating

b. Weaknesses: Lack of evidence You make claims about the benefits of healthy foods without providing supporting evidence. For example, you state that these foods "can make kids be calmer, patient and focused at school" without citing any studies or expert opinions.

c. Exemplar: "Research has shown that a diet rich in fruits and vegetables can improve cognitive function and concentration in children, potentially leading to better academic performance."

Actionable task: Rewrite your **second paragraph**, focusing on providing more accurate and nuanced explanations of the health impacts of junk food. Ensure to include at least one credible source or study to support your claims.

Overall score: 40/50

## Section 2: Revision Guidelines

Imagine a school without fast food creating a strong, healthy and active community. Children will enjoy school much more without it. I strongly recommend that junk food should be banned in schools. Let me tell you more.

#1 Firstly, it is very unhealthy for the physical body. Junk food has too much sugar in it. When there is too much sugar in your body, the sugar turns into fat. If you do not physically exercise to reduce the fat, it can lead to obesity. Furthermore, you could get Type 2 diabetes from excess sugar. This disease can give you a heart attack and some other complications such as stroke and cancer. Junk food can also impact your teeth as excess junk food can increase the chances of having cavities.

#2 In addition, it shrinks a child's ability to learn. The fast food damages the brain cells called ~~neuron~~ **[neurons]** (the learning ability place). We must take care of ~~it~~ **[them]**. Scientists say that ~~the~~ **[a]** child's mind can learn things quicker than ~~the~~ adults. That is why they need to learn more things now before it is too late.

Finally, instead of junk food, children should be encouraged to eat healthy food. There is ~~[are]~~ lots of nutrients in healthy foods such as carrots, apples and potatoes. These foods can help you grow taller and healthier. ~~These foods can make kids be calmer, patient and focused at school.~~ **[Eating these foods can help children become calmer, more patient, and more focused at school.]**

#3 In conclusion, banning junk food is needed to help ~~the~~ children focus. Not only ~~junk food impacts~~ **[does junk food impact]** physical health, it also impacts mental ~~[health,]~~ so children should eat more vegetables and fruits. Parents remove all chips and sugar-sweetened beverages from the cupboard. Instead, find some more alternatives like slicing some fresh vegetables, delicious fruits and other whole foods to pack in their lunch boxes.