

## Section 1:

### #1 (First Question Response) Strengths:

- Strong demonstration of sporting achievements with specific numerical evidence ("700 juggles")
- Effective showcase of versatility across multiple sports

Weaknesses: Lack of School-Specific Connection → Your response focuses heavily on personal achievements without explicitly connecting them to the school's sporting programmes or values. For instance, when you mention "playing a year above my age in SAP", you could link this to how you would contribute to the school's competitive teams.

Exemplar: "My experience playing in the SAP programme has prepared me to contribute to {school}'s renowned football programme, where I hope to help strengthen the team's competitive standing in interschool tournaments."

### #2 (Weakness/Strength Response) Strengths:

- Honest self-reflection about perfectionism
- Compelling narrative about personal growth

Weaknesses: Limited Development of Learning Outcomes → Your discussion of overcoming perfectionism would be more impactful if you elaborated on specific strategies you've implemented. The phrase "I have improved and eased out of my perfectionist mindset" needs more concrete examples of this transformation.

Exemplar: "Through team-focused training sessions and regular feedback from my coaches, I've developed strategies to channel my perfectionism into productive team leadership, such as organising extra practice sessions with teammates."

### #3 (Six-Year Vision Response) Strengths:

- Clear primary goal with realistic backup consideration
- Strong alignment with educational values

Weaknesses: Insufficient Career Path Detail → While you mention the Soccerroos as your primary goal, your backup plan remains vague. The phrase "solid backup option" needs specific career alternatives that interest you.

Exemplar: "While pursuing my Soccerroos dream, I'm keen to explore {school}'s strong sports science programme, as my fascination with athletic performance could lead to a career in professional sports management or physiotherapy."

Actionable Task: Rewrite your response to the first question by creating a table of three specific ways your sporting achievements could enhance existing school programmes, including potential roles you could play in each.

## Overall Score: 42/50

### Section 2:

1. What can you offer our school? #1 I am passionate about sports and firmly believe that my commitment can make a significant contribution to {school}. I love to play ~~Football~~ [football] and I am currently able to do around 700 juggles with a ball and it is better than any of my teammates even if they are 1 year older than me. Currently, I am playing a year above my age in the SAP (Skills Acquisition Program), which demonstrates how dedicated I am to my sport and how I work hard to play a year up. ~~Before I was playing at SAP I was playing park football and I was playing 2-3 years up~~ [Before SAP, I played park football with players 2-3 years my senior].

In addition to this, I have consistently achieved regional-level success in swimming, cross country, and athletics every year. These accomplishments are a testament to my hard work, perseverance, and determination to continuously improve. At {school}, I am eager to not only maintain but also elevate my performance, aiming for even higher achievements. Moreover, I am excited about the opportunity to inspire and motivate my peers, contributing to a vibrant and supportive sports community at {school}. My goal is to represent {school} with pride and bring further accolades to the institution.

1. Weakness/strength? #2 Weakness ~~I believe that a weakness of mine is perfectionism~~ [One of my weaknesses is perfectionism]. As I play football, I used to just try and do everything perfectly and ~~everytime~~ [every time] I made a mistake I was hard on myself. I knew that our team had to win so I would just go and dribble [;] however I learnt that it wasn't about winning all the time. I have been working with my teammates playing the ball around instead of just keeping the ball to myself. I have improved and eased out of my perfectionist mindset and realised that "to err is human"; so I have started accepting mistakes as well as sharing the ball more ~~oftenly~~ [often].

Strengths I think that one of my major strengths is sport. I can excel in any sport I am given [;] I have played in an oz tag team, a cricket team and a football team. I am a strong swimmer and I always try to make my school proud by swimming my hardest at regional events. I have made cross country and athletic teams for my school and I have even trained just to represent my school.

However I think my biggest strength is ~~Football~~ [football]. Football has taught me a lot of things and that is why I think it is my strength [,] ~~I have learnt resilience on and off the pitch because of 1 singular game~~ we started losing the game [.] We lost the first leg ~~then~~ [,] we came back at the 2nd leg and then we were winning 5 - 3 ~~if we won this game we would have gone to finals however suddenly~~ [.] Suddenly, the opposing side came back and finished the game 8 - 5. Our whole team collapsed on the floor crying as we had fought so hard to come back all to just lose. I was devastated but I knew that we had kept on going. After that game [,] we played the 3rd and 4th place playoff and we won.

1. What things do you like most at school? One of the things I like the most about my school is the nurturing environment and the dedicated teachers. The school atmosphere is welcoming and inclusive, making it a place where I feel comfortable and motivated to learn. The teachers are not only knowledgeable but also passionate about their subjects and genuinely care about my success. Their encouragement and support have been instrumental in helping me achieve my academic and extracurricular goals. I particularly appreciate how they are always available for guidance and

willing to go the extra kilometre [kilometre] to ensure we understand the material. This positive environment and the commitment of the teachers make my school a place I am proud to be a part of.

2. What do you see yourself doing in 6 years? #3 In 6 years' time, I see myself striving to play for the Socceroos. Playing professional football has always been my dream, and I am fully aware of the dedication, hard work, and talent required to reach that level. I understand that achieving this goal is extremely challenging and highly competitive. That is why it is crucial for me to have a solid backup option to ensure my success regardless of where my path takes me. I believe that {school} is positioned to help me discover and develop this backup plan.

The thorough education and diverse opportunities offered at {school} will allow me to explore various fields and find alternative passions. The supportive environment and dedicated faculty will guide me in honing my skills, not just on the field but also academically and personally. At {school}, I am confident that I will receive the guidance and resources needed to excel in everything I do. The school's commitment to fostering well-rounded individuals aligns perfectly with my aspirations. I am determined to leverage the experiences and education provided by {school} to become successful in all my endeavours. Whether it's pursuing my dream of playing professional football or excelling in a different career path, I know that {school} will equip me with the tools and knowledge necessary to achieve my goals and make a meaningful impact in whatever I choose to do.