

Section 1:

#1 - Opening Introduction (Host's welcome and Mark's initial response) Strengths:

- Creates an engaging atmosphere through the inclusion of audience reactions
- Establishes clear roles between host and guest

Weakness: Abrupt Transition → Your opening sequence moves too quickly from introduction to questioning. The phrase "To you Mark" followed immediately by "Thanks Lucy" feels rushed and lacks proper segmentation. The transition needs more development to create a smoother flow.

Exemplar: "Welcome the one, the only, famous marathon runner Mark Blake! Audience Claps Mark, we're thrilled to have you here today to share your incredible journey across the Sahara desert. Tell us, what brings you to our show?"

#2 - Personal Background (Mark's family and career history) Strengths:

- Provides relevant personal context
- Includes interesting career transition detail

Weakness: Underdeveloped Background Information → Your background information lacks cohesion. The phrase "I started my career as a marathon runner when I was about seven-teen" is disconnected from the diner work mention, leaving readers wondering about the transition between careers.

Exemplar: "I started working at a diner when I was sixteen, but my passion for running eventually led me to transition into marathon running at seventeen. It was quite a journey from serving tables to serving my dreams!"

#3 - Achievement Recognition (Discussion about finishing first) Strengths:

- Captures genuine surprise and emotion
- Shows humility in achievement

Weakness: Incomplete Achievement Context → Your dialogue about being the first finisher lacks sufficient context. The exchange "I actually didn't know that no-one had ever crossed the finish line before" needs more detail about the significance of this achievement.

Exemplar: "When I crossed that finish line, I was already ecstatic about completing such a gruelling challenge. But learning that I was the first person ever to complete the Sahara desert marathon - that was absolutely mind-blowing. It hadn't even seemed possible!"

Actionable Task: Rewrite the achievement recognition segment (#3) by adding specific details about the significance of being the first finisher - include information about previous attempts by others and what made your success unique.

Score: 41/50

Section 2:

Intro Music

Host: Good afternoon everyone, I'm Lucy and I will be your wonderful host. Today we have a special guest with us. Welcome the one, the only, famous marathon runner Mark Blake! Audience Claps ~~He's going to tell us about all the challenges and joys he experienced while tracking the unforgivable Sahara desert. To you Mark.~~ [He's here to share his extraordinary experience of tackling the unforgiving Sahara desert. Mark, welcome to the show.] #1

Mark: Thanks Lucy. And yes, as Lucy mentioned I am a marathon runner, and ~~I have ran~~ [I have run] the recent Sahara desert track competition.

Host: So Mark, can you tell us a bit about yourself?

Mark: Sure thing! Well I am twenty-three years old and I have two older sisters and one older brother, so I am the youngest in my family. ~~I started my career as a marathon runner when I was about seven teen. And I actually used to work at a diner before this wonderful idea came to me.~~ [I actually started working at a diner, but at seventeen, I began my career as a marathon runner when this wonderful idea came to me.] #2

Host: Excellent. What really convinced you to run the Sahara?

Mark: Well I knew that Kelvin Keptum, my favourite marathon runner, ran the Sahara desert and I want to be just like him. I knew it would be a challenge, but a challenge is part of life isn't it? Honestly, I just did it for fun and some extra challenge.

Host: Great! Now, could you tell us what the hardest part of running the Sahara desert was?

Mark: Well Lucy, I think it was actually just the atmosphere that really got to me. ~~I haven't actually run in a natural landscape before, so I am not really used to running in extreme heat and like dusty, sandy ground.~~ [I hadn't run in a natural landscape before, so I wasn't accustomed to running in extreme heat and across dusty, sandy terrain.]

Host: Well that makes sense. ~~What did you feel like when you realised that you were the first man to reach the finish line of the Sahara desert marathon?~~ [How did you feel when you realised you were the first person to complete the Sahara desert marathon?]

Mark: ~~I actually didn't know that no one had ever crossed the finish line before, so when I crossed the finish line I was still really happy and amazed, but not as much as I was when I found out I was the first man on earth to do this.~~ [I hadn't known that no one had ever completed the marathon before. When I crossed the finish line, I was already elated, but discovering I was the first person on Earth to achieve this was absolutely incredible.] #3

Host: Oh, so you felt the real joy when you realised that you were the only man to do this!

Mark: Exactly!

Host: Well thank you for your time Mark! We really enjoyed talking to you today.

Mark: No problem Lucy!

Host: Alright before you leave, let's give Mark a round of applause! Audience claps

Mark (As he leaves the stage): Thank you everybody thank you!

Host: Well that's it for today folks! Lucy, out.