

Section 1:

#1 "As you are performing, I sincerely wish you good luck, and that you have got this. Make sure you have good rest, a nice breakfast, and a water bottle to hydrate you." Strengths:

- Warm and encouraging tone that builds confidence
- Clear and specific guidance about basic necessities

Weaknesses: Redundant Phrasing → Your opening uses "good luck" twice in close proximity, diluting its impact. The sentence structure also creates a fragmented flow with excessive use of commas.

Exemplar: "As you prepare for your performance, remember that proper rest, a nutritious breakfast, and staying hydrated will help you succeed. You've got this!"

#2 "Before you leave your house, bring along food and water. Food is an essential item as it will help you reach your highest potential." Strengths:

- Practical advice about preparation
- Emphasises the importance of nutrition

Weaknesses: Repetitive Content → Your consecutive sentences repeat the word "food" unnecessarily. The second sentence states the obvious without adding new information.

Exemplar: "Before departing, pack sufficient food and water. Proper nutrition is crucial for achieving your peak performance."

#3 "When you need to accurately time your move, use cues which definitely are correct or the music. For example sudden changes in lights, or if the music instantly goes softer." Strengths:

- Specific examples provided
- Practical performance guidance

Weaknesses: Awkward Construction → Your phrasing "which definitely are correct" creates an unwieldy sentence structure. The examples are presented in an inconsistent format.

Exemplar: "Time your movements precisely by following reliable cues such as lighting changes or musical transitions, particularly when the music softens."

Actionable Task: Rewrite your first paragraph focusing on consolidating related ideas and eliminating redundant phrases while maintaining your supportive tone.

Score: 40/50

Section 2:

#1 As you are performing, ~~I sincerely wish you good luck, and that you have got this.~~ [I wish you every success – you've got this!] Make sure you have ~~good rest~~ [sufficient rest], a nice breakfast, and a water bottle to hydrate you. Good luck!

#2 Before you leave your house, bring along food and water. ~~Food is an essential item as it will help you reach your highest potential.~~ [Proper nutrition is essential for reaching your highest potential.] When you find your group, rehearse the performance until fabulous or follow what your coach says.

When you perform, do not follow what the performers around you are doing as they may be following a different routine or instructions. If you are struggling, use the music and cues to help you find your way. When you perform, having a pleasant face and using energy may elevate the performance.

You and the rest of the performers are a team, do not race against them as it will create confusion and chaos. Being a spectacular team requires teamwork which when added will instantly make your performance better.

#3 When you need to ~~accurately time your move, use cues which definitely are correct or the music.~~ [time your movements precisely, follow reliable cues or musical signals.] For example ~~sudden changes in lights, or if the music instantly goes softer.~~ [sudden lighting changes or when the music softens.] When in a specific formation, try remembering who is in front of you or behind you, so when you perform you can easily position ~~your self~~ [yourself] correctly. When performing, try using your energy effectively rather than wasting it. For example jumping or running behind stage. If extremely tired or nauseous, go straight to your coach and do not wait to tell them as it could get worse.

As this is the end of this guide. Dear performer, I wish you have a phenomenal performance, in which all of you contributed and ~~recognized~~ [recognised] how you were a part of your success. Good luck once again.