Section 1:

#1: "Dear performer in the Olympics, I am here to guide you through your journey of being in the Olympics. Before you start performing, I would like to give you some tips for your dance."

Strengths:

- Your opening establishes a clear purpose and direct connection with the reader
- Your writing shows enthusiasm and supportive tone

Weaknesses: Redundant Phrasing \rightarrow Your repetition of "in the Olympics" creates unnecessary wordiness and reduces the impact of your introduction.

Exemplar: "Dear Olympic performer, I am here to guide you through your journey. Let me share some valuable tips for your dance performance."

#2: "Always try and get perfect timing by listening to the rhythm of the music. Do not copy other performers as they might have a different part to play."

Strengths:

- Your advice is specific and actionable
- Your writing demonstrates understanding of performance requirements

Weaknesses: Disconnected Ideas \rightarrow Your sudden transition between timing and copying other performers lacks a logical bridge, making the advice seem disjointed.

Exemplar: "Focus on achieving perfect timing by listening to the rhythm carefully, whilst developing your unique interpretation of the choreography."

#3: "In swimming practice, always stay hydrated as swimming is a tiring exercise. Always come to practice 2 hours early."

Strengths:

- Your practical advice shows consideration for athlete preparation
- Your writing provides specific time recommendations

Weaknesses: Abrupt Topic Shift \rightarrow Your sudden transition from dance to swimming creates confusion about the intended audience and purpose of your guide.

Exemplar: "For aquatic events, maintaining proper hydration is crucial due to the demanding nature of swimming. Arrive two hours before practice to properly prepare."

Actionable Task: Rewrite your entire piece focusing on one specific Olympic sport, ensuring that all advice flows logically from one point to the next.

Overall Score: 35/50

Section 2:

Dear performer in the Olympics, I am here to guide you through your journey of being in the Olympics. [Dear Olympic performer, I am here to guide you on your journey.] #1 Before you start performing, I would like to give you some tips for your dance.

Always try and get perfect timing [Always strive to achieve perfect timing] by listening to the rhythm of the music. #2 Do not copy other performers as they might have a different part to play. Try to memorise all your moves. In the worst case scenario, follow the music if you are stuck.

#3 In swimming practice, always stay hydrated as swimming is a tiring exercise. [During swimming practice, ensure proper hydration, as swimming demands significant energy.] Always come to practice 2 hours early. You will need to use this time to stretch and eat in the first hour. If you are feeling queasy, don't hesitate to tell your instructor.

Don't forget to pack tons of food at the Olympics. You will be hungry!