

Section 1:

#1: "Phi: Thank you. Thank you for inviting me and it's a pleasure to be here to share the fiery experiences in the Sahara." Strengths:

- Effective use of repetition creates emphasis and shows genuine appreciation
- Engaging opening that immediately establishes the setting

Weaknesses: Abrupt Transition → The shift from gratitude to mentioning the "fiery experiences" feels sudden and disconnected. The metaphor needs better integration with the rest of the response.

Exemplar: "Thank you for inviting me. It's truly a pleasure to be here to share my journey through the scorching Sahara Desert."

#2: "Phi: Obviously, there is the heat, the deprivation of food and water, but if I could, I would do it again. The friendships, the skills, that you learn in that five hour experience is just epic." Strengths:

- Honest acknowledgment of challenges while maintaining positivity
- Personal reflection shows growth and learning

Weaknesses: Underdeveloped Ideas → The response lists experiences without delving into their significance. The mention of friendships and skills feels rushed and lacks specific examples.

Exemplar: "Despite the intense heat and limited resources, the experience was transformative. The bonds formed with fellow runners and the resilience I developed during those five gruelling hours made it all worthwhile."

#3: "Host: Whoa, that was sensational. Well, are there some final words of advice you would like to share with the world?" Strengths:

- Natural conversation flow
- Effective transition to conclusion

Weaknesses: Limited Depth → The interviewer's response lacks professional depth and relies on casual expressions that diminish the significance of the achievement.

Exemplar: "That's truly remarkable. What wisdom would you like to share with aspiring marathon runners worldwide?"

Actionable Task: Rewrite the interview responses focusing on developing detailed examples of the skills and friendships gained during the marathon, ensuring each answer builds upon the previous one to create a cohesive narrative.

Score: 40/50

Section 2:

#1 **News radio**

*** Intro Music***

Host: Good Morning, ladies and gentlemen, and ~~I welcome you to~~ [welcome to] another spectacular episode of "Extreme Experiences". I am your host, Anita Pee, and today we have an inspiring and ~~awe-evoking~~ [awe-inspiring] marathon runner who faced ~~the several~~ [numerous] extreme challenges of the Sahara Desert. Please welcome our guest Phi R, who has just experienced an extreme experience!

Phi: Thank you. Thank you for inviting me and it's a pleasure to be here to share the fiery experiences in the Sahara.

#2 Host: Yeah, I totally get that. I tried to run a marathon, but I didn't even get to two kilometres and that wasn't even in the Sahara Desert, it was on a road. ~~Seems like~~ [Perhaps] I should stick ~~with~~ [to] being an interviewer. I know that all I felt was exhaustion under the sweltering heat that day and the temperature was 30 degrees. How did you feel?

Phi: Yeah, it got a bit humid in some parts of the track, but after months of preparation you kind of get used to it. As well as that, I am grateful for all the support I received from my sponsors and family. My dad told me he was at the finish line with a surprise for me and that got me to persevere in these intense climatic conditions.

#3 Host: Whoa, that was sensational. Well, are there some final words of advice you would like to share with the world?

Phi: Yeah, I have a motto, "Prepare for the worst and hope for the best."

Host: Well Phi, that concludes today's interview. It has truly been an inspiring experience with you. It was an extreme experience! ***Closing Music***