## Section 1:

#1 (First response from Bob Smith) Strengths:

- Clear description of training intensity
- Effective use of personal experience to convey dedication

Weaknesses: Lack of Specific Details  $\rightarrow$  Your response needs more specific details about the training routine. You mentioned "running long distance every day" but did not specify the actual distances or describe the unique aspects of desert training. The phrase "extremely scorching heat" could be more precise with actual temperatures.

Exemplar: "I prepared by running 30 kilometres daily in temperatures reaching 40 degrees Celsius, gradually increasing my distance to match the brutal desert conditions."

#2 (Challenge during marathon) Strengths:

- Good connection between training environment and actual challenge
- Honest portrayal of difficulties faced

Weaknesses: Underdeveloped Event Description  $\rightarrow$  Your description of the water challenge lacks depth. The phrase "twice as much water" needs more context about how you managed this situation. You didn't explain how you overcame this significant challenge.

Exemplar: "The arid desert climate demanded double my usual water intake. I adapted by carrying additional water packs and carefully planning my hydration stops every 10 kilometres."

#3 (Advice section) Strengths:

- Personal experience supports the advice given
- Clear main message about perseverance

Weaknesses: Limited Practical Guidance  $\rightarrow$  Your advice focuses on abstract concepts like "endurance, patience, and mental strength" without providing practical steps. The phrase "extremely hard" could be replaced with specific examples of challenges and solutions.

Exemplar: "To build mental strength, I recommend starting with smaller challenges. For instance, try running in challenging weather conditions for 30 minutes, then gradually increase your time and difficulty level."

■ Your radio transcript would benefit from more engaging dialogue between you and the presenter. Add follow-up questions to create natural conversation flow. Include specific details about the desert marathon - temperatures faced, distances covered, and unique challenges of the terrain. Your responses could be longer to give listeners a more vivid picture of your experience.

Score: 39/50

## Section 2:

Presenter: Now that concludes the interview with Bob Smith! I hope you listeners absorbed all the words he said. I'll see you tomorrow, at nine o'clock in the morning.

Presenter: Welcome to CBA Radio. Today we will be interviewing the well-known [the renowned] marathon runner, Bob Smith, who conquered the Sahara Desert despite many challenges. First question. How did you prepare?

#1 Bob Smith: Hello. I prepared for the marathon by running in extremely seorching heat. [To prepare for the marathon, I trained in extremely scorching heat.] I knew the desert would be hotter. It was harder than anything I'd done in my life. Running long distance every day in the extreme heat, was not an easy thing. [Running long distances daily in the extreme heat pushed me to my limits.] Especially the part at night when my legs started to ache. The routine was repeated for three years, and endurance helped me succeed. [I maintained this rigorous routine for three years, building the endurance that ultimately led to my success.]

Presenter: It even sounds hard. Any challenges?

#2 Bob Smith: Yes, and in fact, a lot. There was a time when I broke my right leg while training, and I thought I was hopeless, that everyone else would be running, at least a little bit. However, it recovered quicker that [than] anyone thought. Then, I could train harder, making up for the days of running I missed out on. There were many more, but I'll tell you the one that happened during the marathon. I wasn't used to the arid weather. I only trained in hot, humid weather. As a result, I needed twice as much water as when I trained. Despite that, I still aspired and finished it.

Presenter: Wow, that's inspiring, so there must be some memorable moments throughout the process of training, right?

Bob Smith: Of course there was [were]. Actually, not during the process of training, but it was when I crossed the finish line. I felt the colossal river of satisfaction flowing through inside me. The three years of training was, in that one moment, worth it. As my foot crossed the thick, red

line, people near me where [were] cheering. I was content. It was just a small, tiny line that I crossed, that was extremely significant to me. I was so happy that I can't describe it now.

Presenter: Must be a very significant moment to you! Finally, is there any advice you'd give for aspiring adventurers like you?

#3 Bob Smith: I would say that endurance, patience, and mental strength is [are] undisputedly the key for doing something like I did. Those words may sound extremely simple, however, in reality, it is extremely hard. Sometimes, like when I broke my leg, I wanted to give up, but, delighted by the fact that I recovered very quickly, I felt the urge to keep trying, and I did. Your mindset is the most important. Even if anything bad happens, you need to have the same mindset, thinking, 'I can do this'. This worked well for me, and hopefully it works well for you too.

Presenter: Now that concludes the interview with Bob Smith! I hope you listeners absorbed all the words he said. I'll see you tomorrow, at nine o'clock in the morning.