

How much is too much screen time?

Over the years of parenting, parents have suffered through countless hours of pleading with their children to have permission to watch TV or play video games. Well, every parent always struggles to give their child a time not too long or not too short to get screen time. Today I will be proposing a solution to solve this screen time issue.

My first proposal is that you put a time limit on your child's device, as it allows you to control their time even if they don't hand over the device after time is up. Time limit is free on any device, and is a great way to make sure that you have control over screen time.

In addition, a good screen time I believe would be 15 mins. A common decision often made when it comes to screen time is whether between 10 minutes and 20 minutes. Most people consider screen time in this range for kids to be a good time, so I believe 15 minutes is the perfect time as it is in between these two ideal times.

Thank you for taking your time to read this proposal, and please feel free to contact me at any time.