

Section 1:

#1 "Imagine this: Anxiety and depression crawling upon people's minds because of their low-profile life, solitude just being the natural retreat, their natural action with society. They do not realise what is happening in their body, how their brain is suffering from dementia, Tick. Tick. Tick. every second a braincell of the hippocampus decaying away."

Strengths:

- Your use of vivid imagery creates an emotional impact when describing mental health issues.
- The "Tick. Tick. Tick." sound effect effectively conveys the urgency of the situation.

Weaknesses: Imprecise terminology → Your writing contains scientific inaccuracies about dementia and brain function. For instance, depression and anxiety do not directly cause dementia, nor does every inactive person suffer from "brain cells decaying" in the hippocampus. This undermines your credibility and weakens your persuasive impact.

Exemplar: ***Imagine this: Anxiety and depression weighing heavily on young minds due to isolation, with solitude becoming their only comfort. Many pupils fail to understand how physical inactivity affects their mental wellbeing, with each passing day potentially impacting their brain health and emotional development.***

#2 "The heart lay lazily on its cot, its pumping growing slower as time passes, the brain getting less oxygen. Family watches in horror as memory and simple cognitive thinking washes away as the brain no longer has the ability to manipulate the information received."

Strengths:

- Your metaphorical description of the heart creates a powerful image.
- Your writing makes an emotional appeal by involving family members as witnesses.

Exemplar: ***The body becomes less efficient when inactive, with decreased circulation affecting overall health and brain function. Families notice gradual changes in energy levels and mood, highlighting how physical activity supports not just our bodies but our minds as well.***

#3 "How can you sleep, knowing that you have missed the opportunity to provide a better life for everyone at your school?"

Strengths:

- Your rhetorical question directly challenges the reader to consider their responsibility.
- Your concise statement creates a memorable closing thought.

Weaknesses: Emotional manipulation → This statement relies heavily on guilt rather than reasoned argument. It suggests that the reader is personally responsible for others' wellbeing without acknowledging the complexity of educational policy decisions. This approach may make readers defensive rather than receptive.

Exemplar: *Consider the positive difference extracurricular sports could make to pupils' development at your school—wouldn't it be worthwhile to support opportunities that benefit physical health, mental wellbeing and social skills?*

Your persuasive writing shows impressive passion for the topic of extracurricular sports in schools. However, you could strengthen your argument by providing more specific examples of how sports benefit pupils. Try focusing on concrete benefits rather than extreme scenarios. Your piece would be more convincing with a more balanced tone that acknowledges different perspectives before explaining why your position is most beneficial. Consider organising your ideas into clear paragraphs with topic sentences that support your main argument. Also, try developing a clearer structure with an introduction that clearly states your position, body paragraphs that each support one aspect of your argument, and a conclusion that reinforces your main points. You might include examples of specific sports and their unique benefits to make your writing more relatable to readers. ■

---

**Score: 40/50**

---

## Section 2: Revision Guidelines

Level 1: Extracurricular sports should be provided to schools.

Level 2: Extracurricular sports should be provided to ~~school~~ [schools] as it ~~as~~ [adds] a touch of collaboration and exercise, improving mental health and social skills.

Level 3: #2 The heart lay lazily on its cot, its pumping growing slower as time passes, the brain getting less oxygen. Family watches in horror as memory and simple cognitive thinking ~~washes~~ [wash] away as the brain no longer has the ability to manipulate the information received. The body screams for help as fat blocks the arteries and veins in the body. Energy becomes a struggle, and tiredness fills the body with desolateness, even the ability to function slowly vanishes over time. Your body ~~fulfills~~ [fulfils] you with your strength and mind, and in ~~repay~~ [repayment] to this you simply hurt it over and over again, ~~sighing~~ [shrugging] it off as you lay wanting to have

an easy life, not caring of the consequences. You ~~wouldn't~~ [don't] let your body grow or make it healthier. You avoided sports at home, but in school the choice is not yours. However, in your luck, the school doesn't provide sports. Your social skills decrease as you learn to be private ~~on~~ [about] your lazy lifestyle. You notice pain around your heart and go to the hospital. The nurse tells you that it is artery disease. Extracurricular sports must be provided to schools, as it not only helps to develop children's natural development of hobbies but also improves their social skills and their overall mental health.

Integration Challenge: #1 Imagine this: Anxiety and depression crawling upon people's minds because of their low-profile life, solitude just being the natural retreat, their natural action with society. They do not ~~realise~~ [realise] what is happening in their body, how their brain is suffering from dementia, Tick. Tick. Tick. every second a braincell of the hippocampus decaying away. Home is a safe campus for many to rest and be inactive, and no one can force someone to change that. Yet school is ~~place~~ [a place] for students to challenge themselves and wrestle their limitations. If ~~school was~~ [schools were] provided with sports, then many students will be much healthier, as simply putting a 30-minute PE session can greatly benefit one's health and also tackle the mental problems including depression and sociality. #3 How can you sleep, knowing that you have missed the opportunity to provide a better life for everyone at your school?