Section 1:

#1 "Have you ever considered becoming vegan? Anyone who has ever done it is extremely smart. Vegan is a diet type which is a part of time where you only eat food that grow from plants."

Strengths: Your opening question effectively engages the reader. You've also correctly identified that veganism involves plant-based foods.

Weaknesses: Your definition of veganism contains errors. Veganism isn't "a part of time" but rather a lifestyle choice and dietary practice. The phrasing "anyone who has ever done it is extremely smart" makes an unsupported generalisation about intelligence that weakens your argument. You've written "food that grow from plants" instead of "foods that grow from plants".

Have you ever considered becoming vegan? It's a lifestyle choice where you eat only foods derived from plants. Many people choose veganism because they care deeply about animal welfare.

#2 "In total only 61 vegans have died because of their diet while beef eaters The chance of dying because of it is so low that the benefits are almost quadruple the disadvantages."

Strengths: You're attempting to include health benefits, which is relevant to your persuasive message. You're trying to compare different dietary choices.

Weaknesses: Your statement about "61 vegans" dying from their diet lacks context, source and timeframe. The sentence is incomplete with "while beef eaters" having no conclusion. This creates confusion for your reader. You've also made a vague claim about benefits being "almost quadruple the disadvantages" without explaining what this means or how it's measured.

Research suggests that well-planned vegan diets offer many health benefits, including lower risks of heart disease and certain cancers. Studies show that plant-based diets can improve your health in multiple ways when followed properly.

#3 "I hope you have understood why we should become vegans, and I hope you have become a vegan but if you're not, then please consider it as it will have many benefits that you probably don't understand."

Strengths: You've included a concluding statement that reinforces your main argument. You encourage your reader to consider veganism.

Weaknesses: Your closing assumes the reader "probably doesn't understand" the benefits, which may alienate them. The phrasing "I hope you have become a vegan" after reading just one email is unrealistic. The sentence structure is repetitive with "I hope" appearing twice in quick succession.

I hope I've shared some compelling reasons to consider veganism. Even small changes to your diet can make a positive difference for animals and your health. If you're interested, I'd be happy to share some delicious plant-based recipes to get you started.

■ Your email shows enthusiasm for veganism, which is good. However, your arguments need more balanced information. For example, when you mention animals being killed, you could explain factory farming specifically rather than just saying animals are killed. Also, your health claims need more careful wording. Instead of saying veganism will definitely cause weight loss, you could say it may help some people manage their weight. Your comparison between vegans and meat-eaters needs clearer information. Additionally, your tone sometimes sounds like you're talking down to the reader. Try using a more friendly approach that respects that people make different choices. You could also include practical tips for trying vegan meals rather than expecting readers to become fully vegan immediately. Small steps might be more appealing to most people. Lastly, consider adding a brief mention of environmental benefits, which many people find convincing.

Score: 39/50

Section 2:

Dear Community,

Have you ever considered becoming vegan? ~~Anyone who has ever done it is extremely smart.~~ [Many people find it rewarding.] ~~Vegan is a diet type which is a part of time where you only eat food that grow from plants.~~ [Veganism is a lifestyle where you only eat foods that grow from plants.] #1 Becoming vegan will help all the poor animals that have to be killed every day. It will reduce your risk of catching life-threatening diseases and you will have a large amount of weight loss after being vegan for at least a month. Who wouldn't want to be fit and have ~~enormous~~ [an enormous] decrease ~~on~~ [in] the chance of diabetes and other deadly diseases for just simply becoming vegan.

Millions of rabbits and chickens are killed every day to make ~~a countries~~ [countries'] food. Restaurants like KFC kill at least 1000 chickens every day to serve customers. Being vegan will lower the number of animals killed every day. If we all work together as a team, then hundreds of animals will be saved from slaughter every month. Every bit of contribution would help.

~~In total only 61 vegans have died because of their diet while beef eaters~~ [Studies suggest that well-planned vegan diets can be very healthy.] The chance of dying because of it is so low that the benefits are almost quadruple the disadvantages. #2 Being vegan will help decrease the chances of cancer, type 2 diabetes, heart problems and bad cholesterol. There are so many more life-threatening diseases that this diet can prevent, and studies show that vegetables are rich in nutrients which ~~boosts~~ [boost] your lifespan. Who wouldn't want a longer life.

Processed meat contains many bad and unhealthy sources of food that increase the risk of cancer and diabetes type 2 while it can negatively impact your lifespan. Red meat is highly saturated in fat which is extremely bad for anyone's health and for diets.

~~I hope you have understood why we should become vegans, and I hope you have become a vegan but if you're not, then please consider it as it will have many benefits that you probably don't understand.~~ [I hope you now understand some of the benefits of becoming vegan. If you're interested in learning more, please consider trying even one meat-free day per week as a start. Every small change can make a difference.] #3

[add a signoff]