- The Artisan temperament is characterised by a preference for action, a focus on the present moment, and a willingness to take risks. Artisans are often skilled at working with their hands and enjoy creating and manipulating physical objects. They are highly adaptable and can be quick to respond to changing circumstances. Artisans are also highly independent and value their freedom. They do not like to be tied down by rules or conventions and may rebel against authority. They are often described as being spontaneous and impulsive, which can sometimes lead to a lack of foresight and planning. Artisans are often outgoing and enjoy being the centre of attention. They have a natural charm and charisma that can be appealing to others. However, they can also be impulsive and sometimes act without considering the consequences, which can lead to conflict and misunderstandings. Artisans may have a tendency to focus on short-term pleasures and immediate gratification, rather than long-term goals.
- C. The Guardian temperament is characterised by a preference for stability, structure, and order. Guardians are often described as dependable, responsible, and dutiful. They value tradition and are committed to upholding societal norms and expectations. Guardians are often highly organised and methodical in their approach to tasks. They prefer to have a clear set of rules and guidelines to follow, and they excel at creating and maintaining systems and processes. They are often very reliable and can be counted on to follow through on their commitments. They are generally polite and courteous, but they may also be reserved and cautious in new situations. While Guardians can be highly dependable and responsible, they may also be resistant to change and new ideas. They may prefer to stick with familiar methods and may be hesitant to try new approaches. Guardians may also struggle with creativity and innovation, preferring to rely on established methods rather than taking risks.
- The Rational temperament is characterised by a preference for logic, reason, and critical thinking. Rationals value knowledge and are motivated by a desire to understand how things work. They are often highly logical and analytical in their approach to tasks. They enjoy solving complex problems and are skilled at finding solutions through critical thinking and analysis. They are often very strategic and can be highly effective at planning and organising. They may be less interested in social norms and expectations and may prioritise individuality and personal autonomy. Rationals may struggle with social and emotional intelligence. They may have difficulty relating to others or understanding
- D. The Idealist temperament is characterised by a preference for creativity, imagination, and empathy. Idealists are often described as imaginative, sensitive, and idealistic. They value authenticity and are motivated by a desire to make the world a better place. Idealists are often highly empathetic and attuned to the emotions of others. They may be highly intuitive and may have a deep sense of compassion for others. Idealists value deep, meaningful connections with others. They may be highly expressive and may enjoy sharing their thoughts and feelings with others. While Idealists can be highly empathetic and creative, they may also struggle with practical matters and may be less focused on tangible results.

their emotions, and may also struggle with empathy and may be perceived as unfeeling.	

Answer the following questions by choosing the correct letter that matches the description. Take note that the letters can be repeated accordingly.

Which extract mentions about...

1.	A temperament that may have a tendency to resist conformity or regulations and may exhibit defiance towards authority?
2.	A temperament that might exhibit a reduced inclination towards conforming to societal standards and expectations, placing a higher value on individualism and personal freedom?
3.	A temperament that places high importance on genuineness and is driven by a passion to contribute positively to the world?
4.	A temperament that excels in manual dexterity and derives satisfaction from the act of crafting and shaping tangible items? A
5.	A temperament that has an inclination for well-defined protocols and guidelines, and they display proficiency in establishing and upholding efficient systems and procedures?
6.	A temperament that may often be reliable and conscientious, but may also exhibit a certain reluctance towards embracing change and novel concepts? C
7.	A temperament that is distinguished by an inclination for artistic expression, creative thinking, and compassionate understanding?
8.	A temperament that may sometimes exhibit spontaneous behaviour, acting without thorough deliberation of the potential outcomes, resulting in possible disagreements and misinterpretations? A
9.	A temperament that holds respect for customs and is dedicated to maintaining established social conventions and standards? C
10.	A temperament that might encounter challenges in forming connections with others or comprehending their feelings and could face difficulties with empathising, potentially coming across as lacking in sensitivity?
11.	A temperament that might possess a proneness for being openly communicative and derive joy from sharing their innermost thoughts and emotions with those around them?

- A temperament that may tend to exhibit a propensity for rationality and analysis when tackling tasks, often displaying an affinity for resolving intricate issues through adept employment of critical reasoning and thoughtful analysis?
- An ocean tunnel in an aquarium is a tunnel-like exhibit that allows visitors to walk through an underwater environment and experience the feeling of being surrounded by marine life. The tunnel is typically made of acrylic or glass and is designed to provide an unobstructed view of the aguatic environment. Ocean tunnels are often designed to imitate specific underwater environments, such as shipwrecks and may artificial structures, include and features to enhance the naturalistic setting. The lighting and sound within the ocean tunnel exhibit are also carefully designed to create a realistic and immersive underwater experience for visitors. The lighting may be dimmed to replicate the deep ocean environment, while sound effects such as waves and bubbling water may be added to enhance the sensory experience. Ocean tunnels provide visitors with a unique and unforgettable perspective on the beauty and diversity of the marine world.
- C. A touch tank exhibit in an aquarium is a type of interactive exhibit where visitors can touch and interact with live marine creatures such as starfish, sea urchins, crabs, and other invertebrates. The purpose of a touch tank exhibit is to provide a hands-on learning experience and to encourage visitors to develop а deeper appreciation and understanding of the marine environment. Touch tank exhibits are typically designed with shallow, accessible tanks that are easy for visitors to reach into and touch the creatures inside. The tanks are often set up at a height that is comfortable for both children and adults to reach. Aquarium staff are typically on hand to supervise the touch tank exhibit and to provide information about the creatures that visitors are touching. Visitors may be instructed on how to handle the animals safely and may be encouraged to ask guestions and learn more about the animals they are interacting with.
- An open ocean exhibit is a large tank or exhibit that replicates the conditions and ecosystem of the open ocean. Open ocean exhibits typically feature large, deep tanks or pools with plenty of space for the animals to swim and move around. These exhibits are usually kept at a specific temperature and salinity level to mimic the conditions of the open ocean. One of the key challenges in creating ocean exhibit an open maintaining the health and well-being of the animals. Aquarium staff must carefully monitor the water quality, temperature, and other factors to ensure that the animals are thriving and that the exhibit is a safe and
- D. An aquatic nursery is a designated area where fish or other aquatic creatures can reproduce and their offspring can be raised in a safe and controlled environment. These can provide a space where they can grow and develop without being preyed upon by larger or more aggressive tank mates. Aquatic nurseries can be created in a variety of ways, depending on the species of aguatic creatures. Some aguariums may have separate compartments specifically designed for breeding and raising, while others may use floating or stationary breeding baskets or nets within the main tank. Aquatic nurseries can be a valuable

healthy environment. Open ocean exhibits provide visitors with an up-close and personal look at the wonders of the ocean.

tool for aquarium hobbyists who want to breed and raise their own fish, as well as for conservation efforts to help protect and preserve threatened or endangered species.

Answer the following questions by choosing the correct letter that matches the description. Take note that the letters can be repeated accordingly.

Which extract mentions about...

13.	A section within an oceanarium that is meticulously crafted to replicate distinct underwater surroundings, such as sunken vessels, incorporating fabricated structures and other elements to elevate the authenticity of the environment?
14.	An oceanarium exhibit that aims to facilitate a participatory educational encounter, fostering a sense of tactile exploration while promoting a heightened sense of marine ecosystem awareness and comprehension among visitors?
15.	An oceanarium section that can create an environment where smaller or less powerful aquatic animals have the opportunity to thrive and mature without falling victim to bigger companions?
16.	An area in an oceanarium that is maintained under controlled conditions, carefully adjusting temperature and salinity to replicate the natural environment of the open sea?
17.	A submerged passage designed to provide a unique sensory experience of being enveloped by marine creatures? A
18.	A specified zone in an oceanarium that serves as a protected and supervised environment where marine organisms can breed and their young can be nurtured?
19.	An interactive display found in oceanariums that allows visitors to have a hands-on experience with live marine creatures?
20.	A spacious aquatic display or enclosure that emulates the intricate environment and ecological system of the vast open ocean?
21.	An exhibit in an oceanarium where aquarium personnel oversee and offer insights and knowledge about the fascinating creatures that visitors have the opportunity to engage with?
22.	An area in an oceanarium where its lighting and auditory elements are thoughtfully crafted to authentically transport visitors into an immersive underwater realm and enrich the sensory encounter?
23.	A section within an oceanarium that serves as a valuable resource for aquarium enthusiasts seeking to cultivate and rear their own aquatic species?

- 24. An oceanarium section where diligent monitoring of water quality and other variables is crucial to ensure the well-being of the animals and maintain a safe and healthy exhibit?
- Martial arts have been used for centuries as a method of self-defence. These practices involve a range of techniques, including strikes, kicks, throws, and grappling, that can be used to defend oneself in a violent encounter. Martial arts can improve overall fitness and physical conditioning. Many martial arts practices involve a rigorous workout regimen that can improve strength, endurance, flexibility, and coordination. These physical attributes can allow individuals to react quickly and effectively to an attack. Another advantage of martial arts training is that it can help to develop mental toughness and resilience. Practising martial arts requires discipline, focus. perseverance, which can be applied to other areas of life. These skills can be particularly useful in a self-defence situation, as they can help individuals stay calm, maintain focus, and make clear decisions under pressure. It's also important to note that martial arts should only be used as a last resort in a self-defence situation. Avoiding violence should always be the primary goal, and individuals should use verbal de-escalation techniques whenever possible.
- Personal alarms can help individuals protect themselves from potential threats. These alarms are small, portable devices that emit a loud, piercing sound when activated. The sound is intended to attract attention and deter attackers, allowing individuals to escape or seek help. One of the advantages of these alarms is that they are easy to carry and use. They can be attached to a keychain or carried in a pocket or purse, making them readily accessible in a potentially dangerous situation. Additionally, these do not require any special training or skills to use effectively. Personal alarms can also be used as a psychological deterrent, as they signal to potential attackers that the victim is prepared to defend themselves. This can discourage would-be attackers from targeting the individual, reducing the likelihood of a violent encounter. It's important to note that personal alarms should not be used as a substitute for other self-defence techniques, such as verbal de-escalation or physical self-defence. They should be used in conjunction with other strategies to maximise their effectiveness.
- Verbal de-escalation is an effective method of self-defence that focuses on defusing a potentially violent situation through communication. The verbal goal of de-escalation is to calm down the situation, prevent violence, and protect oneself from harm. One of the key parts of verbal de-escalation is active listening. Here, one can better understand their perspective and identify the root cause of the conflict. This can help to defuse the situation and prevent from escalating further. Usina
- D. Pepper spray is a self-defence tool that can be used to protect individuals from potential attackers. The spray contains a chemical compound that causes temporary blindness, difficulty breathing, and intense pain when it comes into contact with the eyes, nose, or throat. This can incapacitate an attacker and provide the victim with an opportunity to escape or seek help. One of the advantages of pepper spray is that it is easy to carry and use. It can be quickly accessed and deployed in a dangerous situation, providing

non-threatening language and a calm tone of voice can also help reduce tension. Another important aspect empathy. is Βv acknowledging their feelings and concerns and validating their perspective, one can create a sense of understanding and build a connection that can help to reduce hostility. Body language also plays a crucial role. One should always maintain a relaxed and non-threatening posture, avoid aggressive or defensive gestures, and make eye contact with the other person to create a sense of trust and openness, and facilitate effective communication.

individuals with a fast and effective means of self-defence. Another benefit of pepper spray is that it can be used at a safe distance from the attacker. This reduces the risk of physical harm to the victim, as they do not need to come into close proximity to the attacker in order to defend themselves. It's also important to note that pepper spray should only be used in situations where physical self-defence is necessary. Additionally, pepper spray should only be used as a last resort, and individuals should be aware of the potential legal and ethical consequences of using it.

Answer the following questions by choosing the correct letter that matches the description. Take note that the letters can be repeated accordingly.

Which extract mentions about...

	An approach to self-defence that aims to defuse tense situations, deter violence, and ensure one's safety by utilising effective communication techniques?
	A strategy for self-defence which can be employed from a secure range, minimising the need for physical proximity with the assailant, thereby reducing the risk of injury to the victim?
l k	A method of self-defence that involves acknowledging the perpetrator's emotions to make it possible to foster a sense of mutual understanding and establish a connection that may effectively decrease aggressiveness?
1	A strategy for self-defence that serves as a psychological repellent, as it sends a clear message to probable assailants that the individual is capable of protecting themselves?
1	An approach to self-defence that encompasses a diverse array of skills all of which can be employed to protect oneself in the face of aggression? A
	A strategy for self-defence that places emphasis on employing attentive listening as a crucial component to de-escalate the situation and prevent its further escalation?
1	A method of self-defence that incorporates physical skills enabling individuals to respond swiftly and efficiently to an assault? A

33.	An approach to self-defence that should be considered as a final option, and individuals should be mindful of the possible lawful and moral ramifications associated with its utilisation?		
34.	A strategy for self-defence that enables individuals to remain composed, stay attentive, and make sound judgments while under stress?		
35	An approach to self-defence that emits an attention-grabbing noise when triggered to draw notice and dissuade assailants, empowering individuals to either flee or seek assistance?		
36.	A method of self-defence that can incapacitate or subdue an assailant to continue their attack, while giving the target a chance to flee or seek assistance?		