# Writing Feedback

# DAY 5 | 17th April | HOLIDAY WRITING HOMEWORK

### Section 1:

**Part #1:** "First of all, starting an hour or two later than the normal time can greatly benefits a student's academic excellence. This is because most of our academic skills will be derived from sleep and by starting one whole hour later, we can get more sleep which means better marks in a test."

## Strengths:

- You've made a clear connection between sleep and academic performance.
- Your opening establishes a logical sequence for your argument.

Weakness: Evidence lacks specificity  $\rightarrow$  Your claim about academic skills being "derived from sleep" needs more precise explanation with credible evidence. You mention test scores improving but don't provide specific research or statistics that demonstrate this relationship.

Exemplar: Sleep science has consistently shown that adolescents experience a biological shift in their sleep patterns, requiring 8-10 hours of sleep with a naturally later bedtime, making early school starts fundamentally misaligned with teenage biology.

**Part #2:** "Multiple studies in many parts of the world shows that 87% of people find that in the morning they have better concentration and creativity. 'Wouldn't it be good to use that creativity at school?' you may ask. Well, the answer is no. This is because pupils can spend their 'boosted time' to work on the more important task that need to be prioritised."

## Strengths:

- You've attempted to incorporate statistical evidence.
- You've used a rhetorical question to engage the reader.

Weakness: Contradictory reasoning  $\rightarrow$  You argue that mornings bring better concentration and creativity, but then suggest students shouldn't use this time at school. This contradicts your overall argument for later school starts, creating confusion about whether morning time is valuable for learning or not.

Exemplar: Research shows adolescents are most alert and cognitively efficient between 10:00 AM and 2:00 PM, making later school starts more aligned with their peak learning capacity, allowing critical subjects to be taught when students can best engage with them.

**Part #3:** "Therefore, schools MUST, DEFINITELY, CERTAINLY, ABSOLUTELY, SURELY start one or two hours later. Student do academically better, can use the time to do more important tasks and the wellbeing will improve exponentially. All these benefits will improve the adolescent's life by 69%. So if we don't start school later then we our society WILL fall apart into a pile of rubble."

# Strengths:

- Your conclusion restates your main arguments.
- You attempt to create urgency around the issue.

Weakness: Overstatement and credibility  $\rightarrow$  Your conclusion uses excessive emphatic words and makes unsupported claims (e.g., "improve the adolescent's life by 69%"). The apocalyptic prediction that society will "fall apart into a pile of rubble" undermines your credibility and distracts from your valid points.

Exemplar: The scientific evidence is clear: later school starts of 9:30-10:00 AM align with adolescent biology, improve academic outcomes, reduce stress, and create healthier, more engaged students—making this change not merely beneficial but essential for educational effectiveness.

■ Your persuasive piece shows enthusiasm for the topic and makes some relevant points about the benefits of later school starts. However, your arguments would be more convincing with specific research evidence rather than generalizations. The emotional tone sometimes overshadows logical reasoning, particularly in your conclusion. Try to maintain a balanced approach by acknowledging potential counterarguments and addressing them. Also, your statistics need reliable sources to strengthen your position. You could improve your piece by organizing your ideas more clearly, with each paragraph focusing on one main benefit supported by concrete examples. Additionally, consider refining your vocabulary choices to maintain a persuasive but measured tone throughout.

#### Overall Score: 42/50

#### Section 2:

I strongly believe that schools should start later than normal times by an hour or two. Not only does it improve test score [scores] but it also gives more free time in the morning and a better wellbeing. Imagine how many benefits you'll get by just waiting for an hour before going to school. Wouldn't that be amazing?

#1 First of all, starting an hour or two later than the normal time can greatly benefits [benefit] a student's academic excellence. This is because most of our academic skills will be derived from sleep and by starting one whole hour later, we can get more sleep which means better marks in a test. Getting better marks in a low-stakes test (a test where a score doesn't really matter) can be a great way to reflect and admire your feat. Doing better on a high-stakes test (a test where a score can change a person's life) will end up in a better outcome because your score will improve and therefore will [you will] get better offers and scholarships. Imagine that there are two students who go to different schools. One starts one hour later than the other one and see [sees] an average higher than the one who starts earlier. Then they take the Selective Test and the schools they got offered differ significantly in rankings. Schools for this reason must absolutely start later than normal times.

#2 Additionally, starting school later will give a student more free time early in the morning. Multiple studies in many parts of the world shows [show] that 87% of people find that in the morning they have better concentration and creativity. "Wouldn't it be good to use that creativity at school?" you may ask. Well, the answer is no. This is because pupils can spend their 'boosted time' to work on the more important task [tasks] that need to be prioritised. Not only will students excel at school but also with their extracurricular activities. Isn't that a win-win? To illustrate, imagine you started school at 10:00AM. You have extra time before school to work on your creative arts project. Since creativity is found mostly in the morning, you will have better ideas and originality. This argument clearly shows that schools should start later. It also boosts overall wellbeing which leads into my next point.

Finally, starting school later will result in better wellbeing. This is because when adolescents sleep more, they will feel happier due to the good sleep they got. They'll just fell [feel] fresh and wanting to be kind. Every day, when I woke [wake] up, I found [find] myself to being [being] nice to my sister even if we fought the day before. Imagine how this can affect our wellbeing in a positive way. We will lose stress and dopamine will reflect [release] in your head unable to get out [improving mood]. For example, imagine a student who was used to arriving at school by 7:30 AM now can go at 10:00 AM. Imagine how much more sleep he can get. Schools MUST start later.

#3 Therefore, schools MUST, DEFINITELY, CERTAINLY, ABSOLUTELY, SURELY start one or two hours later. Student [Students] do academically better, can use the time to do more important tasks and the wellbeing will improve exponentially. All these benefits will improve the adolescent's life by 69%. So if we don't start school later then we [our] society WILL fall apart into a pile of rubble.