Are wilderness experiences necessary for developing character in young people?

Have you ever experienced living in the wilderness, with blisters covering your feet and hands like a thick blanket. Your heart is racing, and you find out the breathing alone is difficult. Many others think that this is just that you are overwhelmed, but you feel like pressure is the problem, along with discomfort and maybe even a mental issue. There are many other ways to develop characters in children. Many people may think this is fake, but it is proved to be true in this essay.

To begin with, living in the wild is not as comfortable as sleeping on your bed or sitting on a couch. Instead, you would be sleeping in an oversized sleeping bag or sitting on a pile of leaves. Toilets may just be holes dug in the ground, and toilet paper is a single leaf. According to many citizens who have ventured out in the wilderness have experienced back pain while sleeping in their uncomfortable sleeping bag or have had many mosquito bites. These issues are loathed by humans and are not healthy for them as they could lose sleep or experience pain. Other people feel pressure from the weight of their backpack, <https://wilderness.net> has explained. This will also cause back pain and sore shoulders.

Secondly, people will be placed with excruciating amounts of pressure. They understand that if they do anything wrong, they could get lost or even lose their life. <https://www.princeton.edu> has stated that many people have trouble breathing in the wilderness air, and that makes young people’s heartbeat go faster. Some people may feel extremely pressured by the faster heartbeat, and may feel anxious, and at some rare circumstances, take back the trust they had put on someone else.

Finally, many people will increase their risk of getting sick if they go out into the wild. They could get an illness like Leptospirosis, an illness that is caused by contact with animal urine. Some others may get rare diseases that may involve death. <https://www.nps.gov/articles/000/death-on-trails.htm> has explained that many people die from serious encounters with deadly animals and the illness they pass on. So, going in the wild is very risky as it us humans may get infected with a disease.

Although I have stated that it is not expected for people to go into the wild to developing character, I may also explain that going into the wild may also be considered as a fun and educational experience. Many people may find new friends and develop teamwork and communication with them. Some people may discover new plants they have never heard about before and some might find a new meal they like, and some are all three.

To conclude, many people have a higher risk of discomfort, pressure and death. We may find other ways to develop character like taking a test or just getting it naturally. I suggest that we do not venture into the wilderness to develop characters, as we may not end up with the result we expected. But, as I said in the previous paragraph, we might also earn some positive things.

So next time you are asked to do this, I would like to ask you to consider it.