

## Section 1:

## #1 Strengths:

- You've introduced an engaging topic about the importance of reading books.
- You've attempted to connect reading with mental and psychological health benefits.

Weak transitions between ideas → Your first paragraph jumps between several different benefits of reading without fully developing each point. You mention calming down, forgetting problems, living longer, better sleep, empathy, and writing skills all in quick succession without proper explanation.

***Reading books has proven mental health benefits. When you're feeling upset, reading can help calm your mind by transporting you into exciting adventures and suspenseful storylines. Research shows that regular readers often experience better sleep quality, enhanced empathy, and improved writing skills.***

## #2 Strengths:

- You've highlighted reading as a solution to boredom.
- You've included an interesting fact about reading habits of people with certain job types.

Limited development of key points → Your second paragraph introduces reading as entertainment but doesn't fully explore how different genres can appeal to different interests or provide examples of how books entertain.

***When boredom strikes, books offer endless entertainment through various genres like mystery, fantasy, adventure, or romance. Each type of book creates a unique world for you to explore. Many people with demanding or repetitive jobs find that reading during breaks or after work provides a refreshing mental escape.***

## #3 Strengths:

- You've connected reading to English language improvement.
- You've mentioned vocabulary development as a benefit of reading.

Imprecise explanation of language acquisition → Your final paragraph makes a general claim about English improvement through reading but doesn't clearly explain the specific ways reading enhances language skills beyond brief mentions of vocabulary.

***Reading regularly improves your English skills in several ways. When you read books, you encounter new words in context, which helps you understand their meanings and how to use them***

*properly. You also observe how skilled writers construct sentences and paragraphs, which gradually improves your own writing structure and style.*

■ Your piece shows enthusiasm for reading and mentions several important benefits, which is a great start. However, you could strengthen your writing by developing each benefit more thoroughly before moving to the next point. For instance, when you mention that reading helps with mental health, explain exactly how this works with a specific example. Also, try organising your ideas into more focused paragraphs where each one explores a single main benefit in depth. Additionally, consider adding some personal touches—perhaps share your own experience with a book that helped you in some way. You might also improve your writing by including a clear introduction that outlines the main benefits you'll discuss and a conclusion that summarises your key points. Using transition words like "firstly," "furthermore," and "finally" would help connect your ideas more smoothly.

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**Score: 36/50**

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Section 2:

Reading books

We might not know how essential it is to read books but it is scientifically proven that reading is essential for everyone's mental and psychological health. #1 Imagine you are extremely mad and you don't know how to calm yourself down ~~well~~[effectively]. You can read a book. Reading books helps you forget about what happens by ~~using it~~[immersing yourself in] excitement, adventure and suspense. Did you know that those who read books live a longer life, get better sleep, build their empathy and help you get better at your writing skills.

Are you always bored? #2 When that happens you can read books. Books with different themes and genres can lead you to your ~~world of entertainment~~[own entertaining world]. Did you know that people with busy and boring jobs spend most of their time reading books.

~~Hey do~~[Do] you want to become better at ~~english~~[English]? #3 If you want to then start reading, if you are focused on reading a book there is a high chance you will become better at ~~english~~[English] because you are getting more exposure to the English language which increases your vocabulary and ~~writing knowledge~~[knowledge of writing].