Term 3 - 2025: Week 6 - Writing Homework | Year 5 Scholarship Specialisation

# Section 1:

#1 (First paragraph): "Imagine a class of students' crossed legs trembling on the chair, almost causing them to lose their momentum... Truly, standing is more productive unlike sitting on a squashed and cramped chair."

**Strengths:** Your opening creates a vivid picture that helps readers visualise the problem. You also present your main argument clearly from the start.

Unclear pronoun reference → The phrase "almost causing them to lose their momentum" is confusing because it's unclear what "momentum" refers to in this context. Additionally, the sentence structure makes it difficult to follow your train of thought, which weakens the impact of your opening.

**Exemplar:** Students often fidget uncomfortably in their chairs, struggling to maintain focus during lessons.

**#2** (Second paragraph): "Sitting for long periods is negative for the students health... Around 60 percent of students worldwide have developed mental issues due to being seated on traditional desks."

**Strengths:** You attempt to support your argument with specific statistics. Your focus on both physical and mental health shows you understand the topic has multiple dimensions.

**Lack of source credibility** → When you mention "60 percent of students worldwide have developed mental issues due to being seated on traditional desks," you don't explain where this information comes from. This makes it hard for readers to trust your argument, and the connection between sitting and mental health issues needs clearer explanation.

**Exemplar:** Research from health organisations shows that prolonged sitting can affect students' concentration and mood.

**#3** (Fourth paragraph): "One compelling reason why standing is more effective for students academics holds true is because they show improved memory, faster processing speed and higher test scores... It has been studied that more than a quarter of the world of students that have traditional desks had decreased their performances in academics."

**Strengths:** You link standing desks directly to academic performance, which addresses what many readers care about most. You attempt to provide measurable benefits.

Vague statistical claims → Phrases like "It has been studied" and "more than a quarter of the world of students" don't tell readers who conducted these studies or when. The grammar in "students academics" is also incorrect, and the sentence structure makes your ideas harder to understand.

**Exemplar:** Studies conducted by education researchers indicate that students using standing desks often show improved test results.

■ Your writing tackles an interesting topic that many schools are currently considering. You demonstrate good awareness that this issue affects students' health, social interaction, and academic performance. However, your piece would be much stronger if you explained your evidence more clearly and organised your ideas better.

Additionally, consider adding more specific examples from real schools or students to make your argument more convincing. Your conclusion could also be more balanced by acknowledging that traditional desks might work well for some activities, even if standing desks are generally better. Also, focus on improving sentence structure to help readers follow your reasoning more easily. Additionally, when you mention statistics or research, try to be more specific about where the information comes from to build trust with your readers.

Score: 40/50

### Section 2:

Imagine a class of students' crossed legs trembling on the chair, almost causing them to lose their momentum. [Imagine students fidgeting uncomfortably in their chairs, struggling to maintain focus during lessons.] Have you ever taken a moment to wonder why the classroom offers traditional tables instead of standing up [desks]but if you think more deeply, is it right? [? When you think more deeply about this, is it really the best choice?] With a learning mind, students won't store [cannot retain] information when they're on [at] a table, unable to move like a frozen statue. Researchers have conducted global studies that have clearly proven standing is more effective for not just their health conditions but also engagement during class time and academics. Truly, standing is more productive unlike [than] sitting on a squashed and cramped chair.

#### #1

Sitting for long periods is negative for the students [students'] health (especially for a growing body), which increases the risk of blood clots and stress no matter how much they exercise.

However, the position from [of] standing allows the blood eireulation flow [to circulate] equally and efficiently throughout the student's body. This not only enables [benefits] their physical health but mentally in terms of emotions [also their mental well-being]. Around 60 percent of students worldwide have developed mental issues due to being seated on traditional desks. [Many students experience increased stress and anxiety from prolonged sitting.] Sitting causes anxiety and stress due to poor posture, affecting their mental well-being~~.~~ [, which impacts their ability to learn effectively.]

Moreover, standing is more collaborative and interactive. When students are moving freely, it allows them to socialise [socialise] with each other and share ideas, making them more engaged in the classroom. Traditional desks form barriers, separating students, which causes shyness and solitude. Standing motivates students to be connected with other peers and contribute more in [to] discussions. This approach is beneficial for their teamwork and communication which is mostly active in secnarios [skills], allowing students to problem solve in their daily life.

## #2

One compelling reason why standing is more effective for students academics holds true is because they show improved memory, faster processing speed and higher test scores. [Standing desks are effective for students' academics because they lead to improved memory, faster processing speed, and higher test scores.] As oxygen flows in [to] the brain, students stay more alert and consistently concentrated. Instead of students heavy eyed [becoming drowsy] on [at] their desks, standing tends to make them focus and absorb information. It has been studied that more than a quarter of the world of students that have traditional desks had decreased their performances in academics. [Research indicates that students using traditional desks often show declining academic performance over time.]

## #3

Would you rather let students suffocate on their traditional table [desks] or let them stand with good quality of healthissues[,] engagement in classand [, and] rapid improvement in their academics [?] There is no longer an option for traditional desks as standing is clearly the winner. Students need an environment where they are free to move<del>and there is one way to solve that It</del> [, and it] starts with standing up.

Imaging [Imagine] how many years you will be sitting on a chair at school, from Primary [primary] school to High [high] school [.] You sit on a chair 5 days a week and 4 hours per day. You only get to stand up for less than 2 hours per day during the break [break,] recessand [, and] lunch time at school. Don't you feel you cannot concentrate after sitting for too long? This is why I think Standing [standing] desks are better than Traditional [traditional] desks for the following reasons. Firstly, studies show that people are more likely to get sleepy or get [become] bored when they are sitting too long without stand up or [standing up or] movement. Also, for students,

they can easily lost [lose] attention during class rather than listening to the teachers. In addition, when you sit in the same position for so long, you can develop bad posture. You might be thinking bad posture is easy to correct, but it can be [become] a bad habit and could cause lots of potential health problems such as future injuries, headache [headaches] and sore body [and body soreness]. Also, standing desks can provide more functions than Traditional [traditional] desks. You can do exercises when using standing desks. You have move [more] space to move around. Standing desks can also create some [more] physical spaces [space]. People are easily [able] to move around without blocking to [blocking] each other. When someone is on [in] your way, you don't need to stand upand they are not in your way anymore[!] Standing desks can also help by reducing fidgeting with[things like] pencils, sharpeners, erasers and other stuff on your desk. Doesn't your teacher get really mad when you do that? This is why I strongly believe that Standing [standing] desks provide more benifits [benefits] than traditional desks!