

Section 1:

#1 (Opening paragraph: "Imaging how many years you will be sitting on a chair at school...")

Strengths: Your opening grabs attention by asking readers to think about their daily school experience. You use specific numbers (5 days a week, 4 hours per day) which helps readers understand the problem clearly.

Weakness: Unclear question structure → Your opening question becomes confusing because it's too long and tries to cover too many ideas at once. The sentence "Imaging how many years you will be sitting on a chair at school, from Primary school to High school ?" mixes a statement with a question, making it hard for readers to follow your main point.

Exemplar: *"How many hours do you spend sitting at school each day? From primary school to high school, you sit for about 4 hours daily."*

#2 (Middle section: "Firstly, studies show that people are more likely to get sleepy...")

Strengths: You provide good reasons about health problems and concentration issues. Your point about bad posture causing headaches and body soreness shows you understand the topic well.

Weakness: Vague evidence → When you write "studies show that people are more likely to get sleepy," you don't give enough detail about what these studies actually found or how they connect to your argument. This makes your point sound weak because readers can't trust what you're saying without more information.

Exemplar: *"Research by health experts found that students who sit for long periods lose focus more easily than those who can stand and move around."*

#3 (Final section: "Standing desks can also help by reducing fidgeting...")

Strengths: You connect your argument to something students experience daily - getting in trouble for fidgeting. This makes your writing relatable and practical.

Weakness: Weak connection between ideas → Your sentence "Standing desks can also help by reducing fidgeting with: pencils, sharpeners, erasers and other stuff on your desk" doesn't clearly explain how standing desks actually stop fidgeting. You jump to asking about teachers getting mad without showing the logical connection.

Exemplar: *"Standing desks help reduce fidgeting because students have more room to move naturally, so they don't need to play with objects on their desk to release energy."*

■ Your piece shows you understand the main benefits of standing desks and can think of good examples from school life. You've chosen relevant points about health, concentration, and classroom behaviour that many students would recognise. However, your arguments need stronger support and clearer explanations. Additionally, you could improve your writing by connecting your ideas more smoothly between sentences. Your conclusion restates your main point well, but the body paragraphs would benefit from better organisation. Also, you could strengthen your argument by explaining exactly how standing desks solve each problem you mention. Furthermore, checking your grammar and spelling would make your ideas easier to understand and more convincing to readers.

Score: 38/50

Section 2:

~~Standing desks are better than Traditional desks~~ [Standing desks are better than traditional desks]

~~Imaging~~ [Imagine] how many years you will be sitting on a chair at school [.] ~~from Primary school to High school?~~ You [From primary school to high school, you] sit on a chair 5 days a week and 4 hours per day. You only get to stand up for less than 2 hours per day during the break; recess and lunch time at school. Don't you feel you cannot ~~concentrate~~ [#1] [focus] after sitting for too long? This is why I think **Standing** [standing] desks are better than ~~Traditional~~ [traditional] desks for the following reasons.

Firstly, studies show that people are more likely to get sleepy or get bored when they are sitting too long without ~~stand up~~ [#2] [standing up] or movement. Also, for students, they can easily ~~lost~~ [lose] attention during class rather than listening to the teachers. In addition, when you sit in the same position for so long, you can develop bad posture. You might be thinking bad posture is easy to correct, but it can ~~be~~ a bad habit and could cause lots of potential health problems such as future injuries; [,] headaches [s] and ~~sore body~~ [body aches].

Also, standing desks can provide more functions than ~~Traditional~~ [traditional] desks. You can do exercises when using standing desks. You have **move** [more] space to move around. Standing desks can also create ~~some~~ physical **spaces** [space]. People ~~are easily~~ [**can easily**] **move around**

without blocking to [blocking] each other. When someone is **on** [in] your way, you don't need to stand up and they are not in your way anymore!

Standing desks can also help by reducing fidgeting with: [things like] pencils, sharpeners, erasers and other stuff on your desk. **Doesn't** [#3] [Don't] your **teacher** [teachers] get really mad when you do that? This is why I strongly believe that **Standing** [standing] desks provide more **benefits** [benefits] than traditional desks!