

I strongly believe AI should not be allowed in tests because it stops students from thinking for themselves, AI might not always be right, and it won't prepare us for the real world.

Some people say using AI in tests would make them easier and less stressful. But making tests easier isn't the real answer. Tests are supposed to show what you know, not what a computer knows. If we let AI do the thinking, we won't get any better at learning. This prevents the teachers from knowing what level you actually are, and they might give you work that is too hard for you. Do we really want to become people who can't solve problems without a machine?

In addition, AI is not trustworthy. Many people think computers are perfect, but they are not. If you want to get a good score with AI, remember that AI is still learning and doesn't always get the right answer. It is better to trust yourself. If students copy answers without thinking, they could get questions wrong and lose marks. Also, surveys show many teachers believe that AI tools do more harm than good. In the U.S, about 1 in 4 teachers say AI tools hurt learning in K-12 schools more than they help. Imagine failing a test because a computer tricked you!

Finally, if we use AI too much, we might forget important skills we need for the future. We still need to know how to write stories, solve math problems, and explain our ideas. Research indicates that students using AI for tasks like writing essays exhibit reduced neural engagement and lower performance in executive control, memory, and creativity compared to those who do not use such tools. High school teachers, university professors, and bosses at work won't be impressed if we say, "I don't know how to do this without AI." We must be able to think for ourselves so we are ready for whatever life throws at us.

For all these reasons, AI should not be allowed in tests. It can stop students from thinking for themselves, give wrong answers, create unfair advantages, and stop us from learning important skills we will need in the future. Tests should show what we know, not what a computer knows. We should use AI as a tool for learning in class, but when it comes to tests, students should rely on their own knowledge and thinking. Schools should take action now to keep AI out of exams and make sure that tests remain fair, reliable, and a true measure of what students have learned. Let's protect our learning and our future by keeping tests about us, not machines.