

Section 1

#1: Opening paragraph "Have you ever lost track of time on your tablet or computer and only realise you lost precious time when you snap back to reality? Some experts say technology negatively impacts your creativity by reducing the time spent outdoors while it bombards us with notifications, advertisements or entertainment like TikTok which reduce our attention span."

Strengths:

- Your opening question immediately connects with readers by describing a relatable experience
- You clearly introduce both sides of the technology debate, setting up a balanced discussion

Lack of focused thesis statement → Your introduction mentions that you'll "dive into the impact technology has on our creativity," but this doesn't give readers a clear roadmap of your main argument. A stronger thesis would tell readers exactly what you believe about technology and creativity. For example, instead of just saying you'll explore the impact, you could state your position more clearly, such as explaining that whilst technology can harm creativity through distractions, it ultimately helps more when used properly.

Exemplar: *"Whilst technology can distract us and reduce our focus, it ultimately enhances our creativity by providing tools for learning, problem-solving and global collaboration—as long as we use it wisely."*

#2: Body paragraph about negative effects "Have you noticed being frustrated and irritable every time you snap back to reality from watching videos? Research indicates that the algorithmic delivery of content on these apps and the constant stream of short videos lowers your attention span much more than anything else. Phones are not only harmful to our creativity because of the content and apps but the notifications and messages that we are forced to check reduces our attention span by taking us away from what we were doing before."

Strengths:

- You use another engaging question to help readers reflect on their own experiences

- You connect different aspects of the problem (content, notifications, interruptions) to show how they work together

Insufficient evidence and development → Your paragraph mentions "research indicates" but doesn't provide any specific details, examples or statistics to support your claims. When you say algorithms and notifications reduce attention span, readers need concrete evidence or real-life examples to understand why this happens. For instance, you could explain how many times the average person checks their phone, or describe a specific situation where notifications interrupted someone's creative work.

Exemplar: "Research from educational psychologists shows that students who receive frequent notifications during homework take 50% longer to complete tasks and make more mistakes. Each time your phone buzzes whilst you're drawing or writing, your brain needs several minutes to fully refocus on your creative work."

#3: Body paragraph about positive effects Have you ever heard of coding or scripting? This is a method to create apps or websites by typing in complicated commands or code that the computer executes for it to do something you wish. These coding problems challenge you to think critically while giving you motivation which is crucial for resilience."

Strengths:

- You introduce a specific, concrete example (coding) rather than speaking in general terms
- You explain what coding is in clear, accessible language for readers who might not know

Unclear connection to creativity → Whilst you mention that coding challenges critical thinking and builds resilience, you don't explain how these skills actually boost creativity. Your readers need to understand the bridge between learning to code and becoming more creative. How does solving coding problems help someone write better stories, create better art, or come up with innovative ideas? The link between the technical skill and creative thinking isn't clear.

Exemplar: "These coding problems challenge you to think critically and find innovative solutions—skills that transfer directly to creative activities. When you learn to break down a complex coding problem into smaller steps, you're also learning how to approach creative projects like writing stories or designing artwork more effectively."

■ Your piece presents an important topic that affects young people every day, and you've made a genuine effort to explore both positive and negative aspects of technology's impact on creativity. However, your arguments would be much stronger with more specific evidence and deeper explanations. When you make claims like "research indicates" or "technology helps our learning," your readers need concrete examples, statistics, or real-world situations to truly understand your points.

Your structure follows a clear pattern—introduction, negative effects, positive effects, and conclusion—which helps readers follow your thinking. However, each section feels a bit thin. Your paragraph about negative effects mentions algorithms and notifications but doesn't fully explain how they work or why they're harmful. Additionally, your paragraph about coding introduces an interesting example but doesn't clearly connect it back to creativity. Think about expanding each main point with an extra 2-3 sentences that give specific details or examples.

The transitions between your ideas could also be smoother. You jump from discussing short videos to notifications without showing how these ideas connect. Try using phrases like "Beyond the content itself" or "These distractions become even worse when" to link your thoughts together. Your conclusion mentions balance, which is sensible, but it arrives quite suddenly. You could strengthen the ending by briefly reminding readers of the key points you've made before offering your final advice about balance.

Overall Score: 43/50

Section 2

#1 Technology: Friend or Foe in Creativity

Have you ever lost track of time on your tablet or computer and only ~~realise~~ [realised] you lost precious time when you ~~snap~~ [snapped] back to reality? Some experts say technology negatively impacts your creativity by reducing the time spent outdoors ~~while it bombards us~~ [whilst bombarding us] with notifications, advertisements or entertainment like TikTok ~~which reduce~~ [, which reduces] our attention span. On the other hand, technology can also provide us with apps that teach us important skills, knowledge and even languages. Let's dive into the impact technology has on our creativity.

#2 Have you noticed being frustrated and irritable every time you snap back to reality from watching videos? Research indicates that the algorithmic delivery of content on these apps and the constant stream of short videos lowers your attention span much more than anything else.

Phones are not only harmful to our creativity because of the content and apps ~~but~~ [, but also because] the notifications and messages that we are forced to check ~~reduces~~ [reduce] our attention span by taking us away from what we were doing before. This leads us to easily give up on things like cooking food or even ~~a~~ [answering a] hard question in an exam, affecting our grades.

#3 Now let's talk about how technology helps our learning and boosts our creativity.

Have you ever heard of coding or scripting? This is a method to create apps or websites by typing in complicated commands or code that the computer executes ~~for it~~ [in order] to do something you wish. These coding problems challenge you to think critically ~~while~~ [whilst] giving you motivation ~~which~~ [, which] is crucial for resilience. These websites help you build your confidence and innovative skills to enhance your learning and imagination.

Digital platforms also allow you to collaborate with people online, allowing people from all around the world to work together on a project. This ~~allows for people~~ [enables them] to express themselves in real time, blending different work styles to create a masterpiece. Online, we can also learn from each other, inspiring a better love for learning.

Overall, the most important thing about technology is balancing it with other activities such as sports [,] craft and family time. This can help you make the most out of your computer ~~while~~ [whilst] having fun. As long as you're taking breaks between computer sessions, you will almost always feel relaxed, recharged and ready to go!