

# Remember what you read with 3 tiny questions

in one month



Premium **2025**

30-DAY SYSTEM

Complete Guide Inside

# 3-QUESTION MEMORY BOOKMARK™

Remember what you read with 3 tiny questions



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# INTRODUCTION

## The Problem

Kids finish a chapter and... remember almost nothing.

This is the reality for most young readers. They can decode words perfectly. They understand sentences as they read them. But when you ask what happened in the chapter they just finished, they struggle to recall even basic details.

The issue isn't their reading ability—it's that reading without retrieval creates weak memories. Information flows in but doesn't stick.

## The Fix

Make them do light retrieval – without turning reading into a test.

This bookmark gives them 3 quick questions to answer after each chapter so the story actually sticks. It transforms passive reading into active learning through the power of retrieval practice.

No more finishing books and forgetting everything. No more reading comprehension struggles. Just three tiny questions that create lasting memory.

CHAPTER 1

# The Memory Problem

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# THE PROBLEM

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The issue isn't their reading ability—it's that reading without retrieval creates weak memories. Information flows in but doesn't stick.

Traditional approaches miss this completely. We focus on reading speed, vocabulary, and comprehension questions after finishing entire books. But by then, it's too late.

# WHY THIS HAPPENS

Reading creates the illusion of learning. As kids move through sentences, understanding each one, they feel like they're absorbing everything. But understanding in the moment is very different from remembering later.

Without active retrieval—forcing the brain to recall information—memories remain weak and fade quickly. This is why kids can read an entire book and struggle to tell you what it was about just days later.

The solution isn't more reading. It's better reading. Reading with retrieval built in.

## CHAPTER 2

# The 3-Question System

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# THE SIMPLE BUT POWERFUL SYSTEM

The 3-Question Memory Bookmark™ transforms reading through three carefully designed questions that activate different types of memory and comprehension.

These aren't random questions. Each one serves a specific purpose in cementing information into long-term memory:

- **Question 1** forces summarization of key events
- **Question 2** develops emotional intelligence and character analysis
- **Question 3** builds prediction skills and narrative understanding

## HOW IT TRANSFORMS READING HABITS

Instead of passively consuming text, readers become active participants. They know they'll need to recall information, so they pay closer attention while reading.

The questions are quick enough (under 2 minutes) that they don't interrupt the flow of reading, but powerful enough to dramatically improve retention.

## THE SCIENCE BEHIND RETRIEVAL PRACTICE

Retrieval practice is one of the most powerful learning techniques discovered by cognitive science. When we force our brains to recall information, we strengthen the neural pathways that store that information.

This system applies retrieval practice in the most natural way possible—right after reading, when the information is fresh but beginning to fade.



## **SIDE A: FICTION BOOKMARK**

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# USE AFTER EACH CHAPTER IN A NOVEL / STORY

## 1. WHAT HAPPENED?

*"In this chapter, the most important thing that happened was..."*

Write 1–2 short sentences.

## 2. WHO FELT WHAT?

*"The character who changed or felt the most was \_\_\_\_, and they felt \_\_\_\_ because \_\_\_\_."*

## 3. WHAT DO I THINK WILL HAPPEN NEXT?

*"I predict that next \_\_\_\_ because \_\_\_\_."*

### MINI EXAMPLE

*If they've just read a chapter of Wonder:*

#### What happened?

"Auggie started at his new school and met Jack Will and Julian."

#### Who felt what?

"Auggie felt nervous and embarrassed because the other kids stared at him."

#### What next?

"I predict Auggie and Jack will become friends because Jack was kinder than Julian."

*Total time: under 2 minutes – but huge memory boost.*



## **SIDE B: NON-FICTION BOOKMARK**

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# USE AFTER EACH SECTION / ARTICLE / CHAPTER OF NON-FICTION

## 1. WHAT WAS IT MAINLY ABOUT?

"This text was mainly about \_\_\_\_."

## 2. WHAT ARE 2–3 BIG FACTS?

"Two / three important things I learned are:

- • \_\_\_\_\_
- • \_\_\_\_\_
- • (optional) \_\_\_\_\_

## 3. WHY DOES IT MATTER?

"This matters because \_\_\_\_."

### MINI EXAMPLE

If they've just read about rainforests:

#### Mainly about?

"The text was about why rainforests are important and how they're being destroyed."

#### Big facts: