

# 30-DAY VOCAB REVIEW CALENDAR

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Never 'learn once then forget' again

See exactly which words move your child

from 60% → 80%+ in writing

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# CHAPTER 1

## How This Calendar Works

*For Parents + Kids*

### **Rule of the game:**

Every day your child learns 1 small list (e.g. 5–10 words). We'll call that 'List 1', 'List 2', ... 'List 30'.

### **Each list is then reviewed on:**

- Next day (Day +1)
- 3 days later (Day +3)
- 1 week later (Day +7)
- 2 weeks later (Day +14)
- 1 month later (Day +30)

### **So on any given day your child does:**

- New words for that day (today's list)
- Quick reviews of specific previous lists

**Target total time: 15–20 minutes per day.**

## CHAPTER 2

# Daily Review Rules

When a row says 'Review List 4, 2, 1':

**Spend 2–3 minutes per list:**

- Look at the meaning → say the word
- Look at the word → say the meaning
- Use it in a quick sentence aloud or written

**If they get a word wrong:**

- Put a ■ next to it, and
- Add it to tomorrow's warm-up

# 30-DAY CALENDAR

## Days 1-10

*Tip: Print this and let your child tick ✓ as they go.*

Day	New Words	Review Lists
1	Learn List 1	—
2	Learn List 2	Review List 1
3	Learn List 3	Review List 2
4	Learn List 4	Review List 3, 1
5	Learn List 5	Review List 4, 2
6	Learn List 6	Review List 5, 3
7	Learn List 7	Review List 6, 4
8	Learn List 8	Review List 7, 5, 1
9	Learn List 9	Review List 8, 6, 2
10	Learn List 10	Review List 9, 7, 3

## Days 11-20

Day	New Words	Review Lists
11	Learn List 11	Review List 10, 8, 4
12	Learn List 12	Review List 11, 9, 5
13	Learn List 13	Review List 12, 10, 6
14	Learn List 14	Review List 13, 11, 7
15	Learn List 15	Review List 14, 12, 8, 1
16	Learn List 16	Review List 15, 13, 9, 2
17	Learn List 17	Review List 16, 14, 10, 3
18	Learn List 18	Review List 17, 15, 11, 4
19	Learn List 19	Review List 18, 16, 12, 5
20	Learn List 20	Review List 19, 17, 13, 6

## Days 21-30

Day	New Words	Review Lists
21	Learn List 21	Review List 20, 18, 14, 7
22	Learn List 22	Review List 21, 19, 15, 8
23	Learn List 23	Review List 22, 20, 16, 9
24	Learn List 24	Review List 23, 21, 17, 10
25	Learn List 25	Review List 24, 22, 18, 11
26	Learn List 26	Review List 25, 23, 19, 12
27	Learn List 27	Review List 26, 24, 20, 13
28	Learn List 28	Review List 27, 25, 21, 14
29	Learn List 29	Review List 28, 26, 22, 15
30	Learn List 30	Review List 29, 27, 23, 16

**After Day 30:** Keep following the same rule—review lists from 1, 3, 7, 14, 30 days ago.

## CONCLUSION

# How Many Words Total?

If you do:

**8 words per list × 30 lists = 240 words**

Each word is seen 5-6 times across the month (plus the initial learning).

**Perfect for Selective / OC / Scholarship style vocabulary.**

**240 words mastered in 30 days  
with proven spaced repetition**