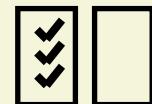


SELECTIVE SPELLING SPRINT

10 days to lock in
high-frequency exam vocabulary
(— 100 *Must-Know Words*)



SELECTIVE SPELLING SPRINT

100 Must-Know Words in 10 Days

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HOW TO USE THIS SPRINT

Length: 10 days

Time per day: 10-15 minutes

Goal: Accurately spell 100 high-frequency, high-value words

Each day:

- Learn 10 new words (one block)
- Do a short drill: Look-Say-Cover-Write-Check
- Write 1-2 short sentences using any 3 of the words
- Do a quick revision test on older words

THE 100 MUST-KNOW WORDS

Grouped into 10 Blocks of 10 words each

Block 1 - Linking & Flow Words

1. because	6. especially
2. although	7. eventually
3. however	8. suddenly
4. therefore	9. meanwhile
5. despite	10. instead

Block 2 - Writing & Story Words

1. character	6. narrative
2. setting	7. persuasive
3. tension	8. paragraph
4. dialogue	9. sentence
5. description	10. structure

Block 3 - Argument & Thinking Words

1. opinion	6. consequence
2. argument	7. decision
3. evidence	8. impact
4. example	9. effect
5. reason	10. result

Block 4 - Character Traits

1. responsible	6. curious
2. independent	7. resilient
3. confident	8. generous
4. anxious	9. honest
5. determined	10. patient

Block 5 - Emotions

1. exhausted	6. embarrassed
2. overwhelmed	7. cautious
3. relieved	8. optimistic
4. frustrated	9. pessimistic
5. disappointed	10. grateful

Block 6 - Effort & Action Verbs

1. improve	6. challenge
2. develop	7. encourage
3. achieve	8. discourage
4. succeed	9. protect
5. support	10. prevent

Block 7 - Evaluation & Judgement

1. essential	6. significant
2. important	7. harmful
3. necessary	8. beneficial
4. reasonable	9. limited
5. effective	10. unfair

Block 8 - Community & Environment

1. community	6. climate
2. environment	7. habitat
3. pollution	8. resources
4. recycle	9. society
5. sustainable	10. future

Block 9 - Technology & Tricky Words

1. digital	6. virtual
2. technology	7. addiction
3. internet	8. separate
4. access	9. definitely
5. privacy	10. probably

Block 10 - High-Frequency School Words

1. quiet	6. education
2. usually	7. pressure
3. behaviour	8. balance
4. favourite	9. privilege
5. colour	10. opportunity

10-DAY SPACED PRACTICE SCHEDULE

Daily routine (10-15 minutes):

- Look-Say-Cover-Write-Check each new word 3 times
- Ask an adult to dictate the new block once
- Write 1-2 sentences using any 3 words from today
- Do a quick revision dictation of earlier blocks

Day-by-Day Plan:

Day 1

New: Block 1 (Words 1-10)

Revision: None (first day)

Day 2

New: Block 2 (11-20)

Revision: 5 random from Block 1

Day 3

New: Block 3 (21-30)

Revision: 5 from Block 1 + 5 from Block 2

Day 4

New: Block 4 (31-40)

Revision: 5 from Block 2 + 5 from Block 3

Day 5

New: Block 5 (41-50)

Revision: 5 from Block 3 + 5 from Block 4

Day 6

New: Block 6 (51-60)

Revision: 5 from Block 4 + 5 from Block 5

Day 7

New: Block 7 (61-70)

Revision: 5 from Block 5 + 5 from Block 6

Day 8

New: Block 8 (71-80)

Revision: 10-word mixed quiz from Blocks 1-4

Day 9

New: Block 9 (81-90)

Revision: 10-word mixed quiz from Blocks 5-7

Day 10

New: Block 10 (91-100)

Revision: 20-word test mixing all 100 words

SIMPLE PARENT INSTRUCTIONS

**You don't need to turn this into a huge project. Aim for short daily bursts, not long weekend marathons.
Focus on accuracy first, speed later.**

Suggested pattern:

Dictation: Say each word in a short sentence

Example: "because - I am nervous because this is important."

Child writes the word; you quickly tick or underline

If a word is wrong:

- rewrite it correctly 3 times
- then use it in a quick sentence

At the end of 10 days, most students will:

- ✓ Spell these 100 high-value words reliably without a computer
- ✓ Have a stronger base for selective-level narrative and persuasive writing
